

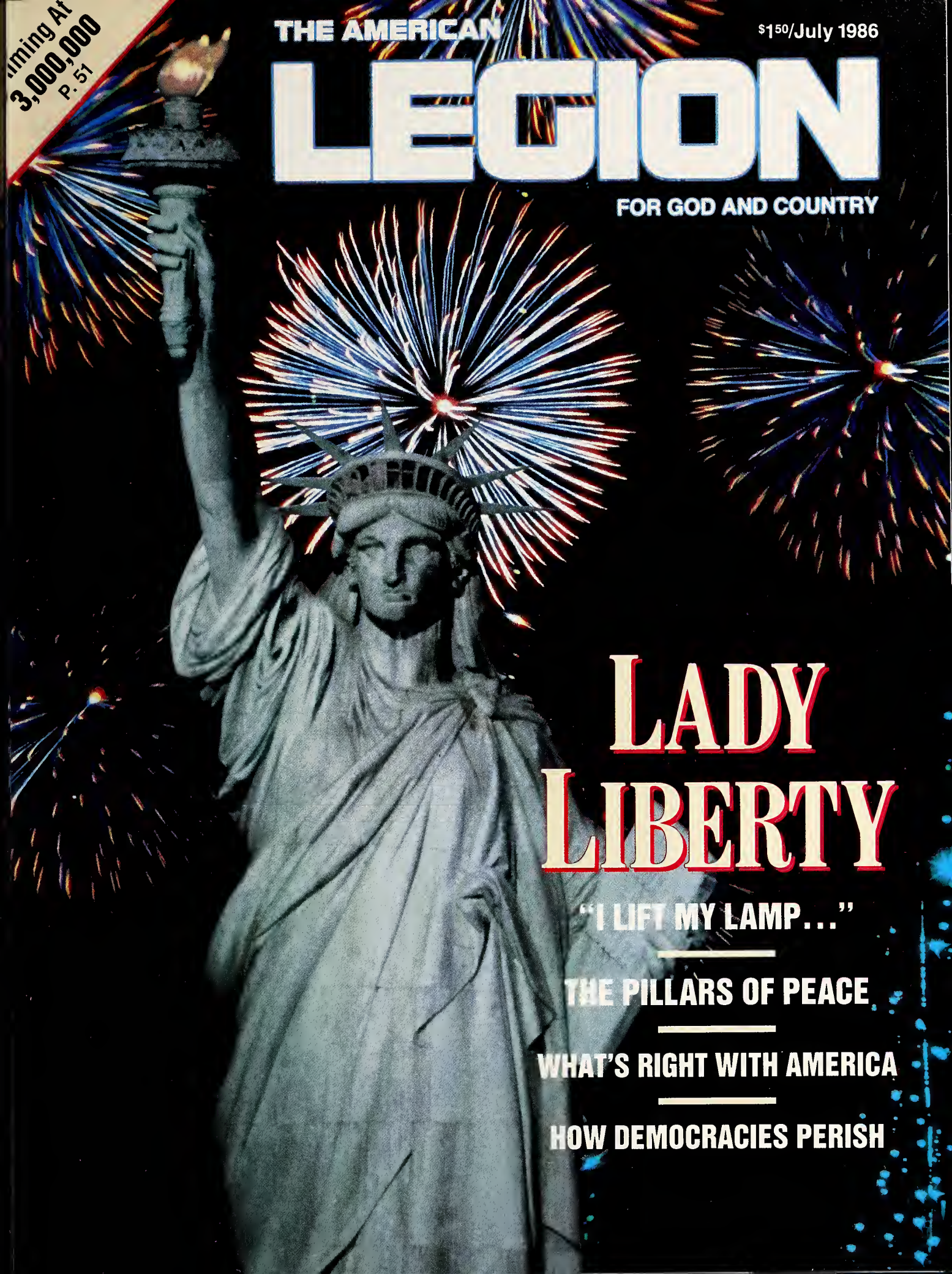
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3,000,000
P. 51

THE AMERICAN

\$150/July 1986

LEGION

FOR GOD AND COUNTRY



LADY LIBERTY

"I LIFT MY LAMP..."

THE PILLARS OF PEACE

WHAT'S RIGHT WITH AMERICA

HOW DEMOCRACIES PERISH

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THE AMERICAN LEGION

The Magazine for a Strong America

Vol. 121, No. 1

July 1986

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THE COVER

A Celebration for Lady Liberty (Image Bank photos)



THE AMERICAN LEGION MAGAZINE, a leader among national general-interest publications, is published monthly by The American Legion for its 2.6 million members. These military-service veterans, working through 16,000 community-level posts, dedicate themselves to God and country and traditional American values; a strong national security; adequate and compassionate care for veterans, their widows and orphans; community service; and the wholesome development of our nation's youth.

Man From Galilee

Cmdr. Renaud's message (May) reminds me of the "Man From Galilee," whose mother at the time of her labor was told by the innkeeper that he "didn't have a bed for Him." Why are those who rush to answer the bugle's call the first to be forgotten when the smoke clears? Keep up the good work, Commander.

*James C. Herndon
Metairie, La.*

Getting Steamed

For several years I have enjoyed the articles in the magazine, but your May issue was particularly interesting. The article on "Soviet Enroachment In The Pacific" was enlightening, especially to those of us who have seen the Stars and Stripes flying over Cam Ranh Bay. And Ernie Pyle's writings are always heart-warming to those who have experienced what he wrote of.

I thought "Inside The Soviet Mind" and "Testament To Torment" were articles that every American citizen should read and reflect on. Perhaps the people who read this magazine are not the ones who need to be reminded of the evils of the totalitarian system, but the information should be spread by us Legionnaires who have access to it.

The article that really got me steamed, though, was "Our Biased Textbooks."

I immediately made copies of that and forwarded it to members of the local school board, superintendent of schools and others. Keep up the good work.

*William H. Goddard
Dandridge, Tenn.*

Uncommon Valor

Thanks to war correspondents such as Ernie Pyle, folks like me, who have never seen a battle are better able to understand what fellow veterans and Legionnaires have seen, done and felt. I am saving these vignettes (May) from Pyle's book, "Brave Men," for our year-old son. We hope he will never have to see a battle, but also hope he will feel that America is worth fighting for because of his love for it and his respect for our veterans of uncommon valor who have gone before.

*Thomas A. Frank
Detroit Lakes, Minn.*

Biased Textbooks

I share Dr. Paul Vitz's concern for "Our Biased Textbooks" (May). Recently I thumbed through an eighth grade history text and reviewed the material on World War II. The joint Nazi-Soviet invasion of Poland in 1939 was somehow omitted. The text merely stated "Hitler had an understanding with the Soviets." No mention of the 5,000

Polish officers captured by the Soviets and later executed at Katyn Woods. No mention of the Soviets' subsequent invasions of Latvia, Estonia, Lithuania and Finland. The primary thrust of the text was that the "Soviets helped America defeat Hitler." Texts of this sort are promoting a unilateral psychological disarmament in the face of gross international Soviet aggression and acts of genocide in Afghanistan.

*Thomas Drake
Riverdale, Ill.*

'Traitor' Not 'Spy'

For many years I have gagged whenever I read about our defectors, especially when the media and everybody else do them the misguided honor of calling them spies.

A spy is a risk-taker from another country—whether for patriotism or profit—who obtains secrets concerning our national security for the benefit of his native country or the nation that employs him. A spy is not a citizen of the United States. Traitor is the word—not spy. A U.S. citizen who sells or gives aid and comfort to our enemy is a traitor.

*Robert A. Ermentrout
Atlanta, Ga.*

Who Won?

For the second time in a year you have published an article acclaiming our victory in Vietnam. Lying to ourselves cannot change the facts of history, but can only hinder our learning from it.

By the author's reasoning, the Japanese must have won World War II. Why, just look at their economic and political gains.

*Jimmie A. Eacret
Anaheim, Calif.*

Problem Solver

To the good people who write about their complaints and problems, I suggest a visit to a VA hospital for therapeutic treatment. It won't take long for you to count your arms and legs as well as all your other blessings.

*John E. McSherry
Melbourne, Fla.*

What's Right With America



In our daily lives we are bombarded by negativism about nearly every institution, profession and tradition that is uniquely American. From the time we rise until we turn off the 11 o'clock news, we hear about America's shortcomings, so much so that we sometimes forget we have many fine and admirable strengths.

There are many things right with our country. Things that inspire people to achieve untold greatness, to fulfill lifelong ambitions and dreams; to reach far beyond themselves and go where no one has gone

before. All because we live in a democratic republic of great breadth and diversity, where religion and an attachment to the land run hand-in-hand with the gifts of freedom and unlimited opportunities.

Join us in this issue as we begin a special series: What's Right With America. These are personal accounts of well-known Americans and what they believe is right with our country and how the nation's many opportunities helped to make them what they are today.

In months to come we hope you will enjoy the shared experiences of life in America with such people as Peter Ueberroth, Lawrence Welk, Lee Greenwood and many more.

The Editors



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actual Statue of Liberty

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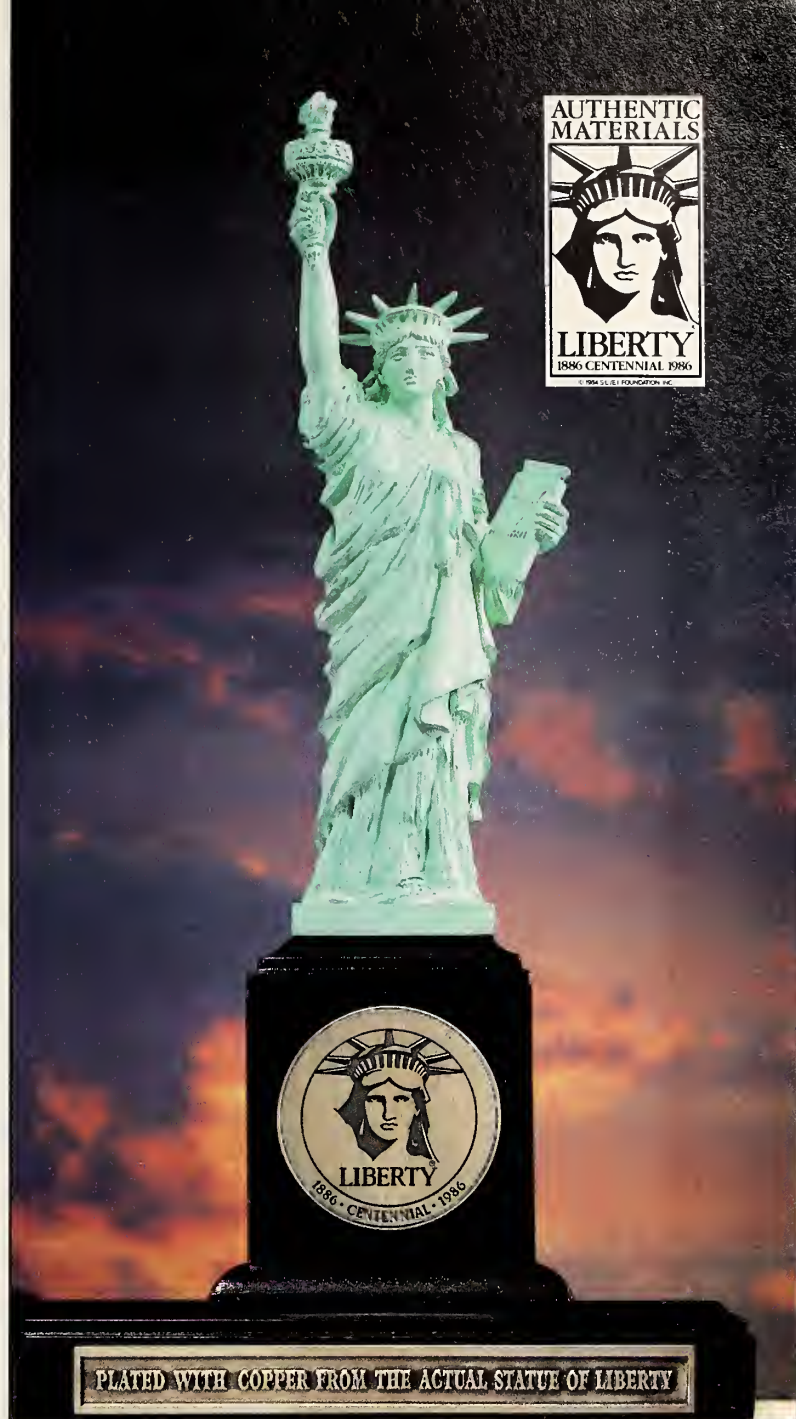
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U206

Let Us Celebrate July 4th with the Fervor It Deserves

THIS month we celebrate the 210th anniversary of the signing of our Declaration of Independence, the cornerstone document of American history that boldly renounced oppressive policies imposed to bring our colonial ancestors to their knees in homage to an elite few.

Independence Day observances rightly have become as much a part of America as our deep and abiding faith in individual freedom and our commitment to preserving liberty and justice.

But this year, we need to re-examine that document, which so eloquently stated our founders' fears and frustrations at failing to reach a settlement of differences with the prevailing authority. Jefferson, Franklin, Adams and others had arrived at the end of their collective rope. Their concerns fell on deaf ears across the ocean.

The Declaration listed plainly the facts of oppression and detailed the extent to which colonists had gone to seek fair treatment without picking up the gun. Observed Jefferson, "Experience hath shewn, that Mankind are more disposed to suffer, while Evils are sufferable, than to right themselves by abolishing the Forms to which they are accustomed . . . Such has been the patient Sufferance of these Colonies . . ."

In many ways, that sufferance is being relived today not only in the United States, but also in other free-world nations that have become the targets of terrorist actions and, in effect, forced to fear an elite few.

Times have changed, but the face of tyranny has not. Tyranny and terror come not from the end of a smoking gun barrel, but from the systematic attempts to inject fear into the lives of those who are free and wish only to exist in peace.

Terrorist actions today, similar to the oppressive power wielded against our



Nat'l Cmdr. Dale L. Renaud

"Tyranny and terror come not from the end of a smoking gun barrel."

fathers more than two centuries ago, are a direct assault on the three founding principles of this nation: the right to live, the right to liberty and the right to pursue happiness.

My fellow Legionnaires, we do not celebrate this Fourth of July cowering in fear, trembling under a cloak of uncertainty as we wait for terrorism to rear its ugly head and strike out at the freedoms for which we have fought and died. No, we celebrate this Fourth of July with pride and everlasting hope that our freedoms remain intact tomorrow as much as they are today.

Seventy-five years ago, President Woodrow Wilson said, "Jefferson's

Declaration of Independence is a practical document for the use of practical men. It is not a thesis of philosophers, but a whip for tyrants; it is not a theory of government, but a plan of action."

On this 210th celebration of the birth of our independence, we must look to the current meaning our Declaration holds for us. For we, too, more than ever, are practical men and women. Men and women of action.

We need to celebrate the creativity of our founders in fashioning a living document, which applies to any situation where the people are crushed beneath the heel of the ruthless.

Jefferson and John Adams, two members of the committee of five appointed to list the reasons for our Revolution, had a very real understanding of the enormity and long-lasting effect the Declaration of Independence would have on America and Americans. Adams, referring to the debate surrounding the resolution to declare the colonies free and independent states, wrote his wife, "(It) will be the most memorable epoch in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival.

"It ought to be commemorated as the day of deliverance, by solemn acts of devotion to God Almighty. It ought to be solemnized with pomp and parade, with shows, games, sports, guns, bells, bonfires and illuminations, from one end of this continent to the other, from this time forward forevermore."

And Adams' vision is exactly how we should celebrate our independence. With every rocket burst, with every spectacular display of Roman candles and with every joyous note from a thousand bands, let's light up the star-filled summer skies and commemorate the deliverance of our cherished freedoms. □

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Stopped 'em with it. Cold.*

*From "Farewell Old .45":
by The American Historical Foundation*

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pistol ever adopted for service use in the world. And its battlefield reliability, combined with the knockdown punch of the .45 ACP ammo, have made it one of the — if not the — most famous and beloved handgun in American military history.

Ironically, times change, and this proud workhorse is being put out to pasture — being replaced by a 9mm pistol.

But now, after 75 years of gallant use by our men in uniform — The American Historical Foundation is proud to hail the days of glory of the old .45 by announcing the firing, limited edition World War II Commemorative M1911A1 .45 Automatic.

When you hold this two and a half pounds of steel, gold and walnut you will recall the valor of Guadalcanal, Normandy, Iwo Jima, the Ardennes and the many distant battlefields that it once called home. It is a dramatic symbol of victory.

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For Visa, MasterCard or American Express, please send account number, expiration date and signature. Virginia residents add tax.

Coed Foxholes?

Women in combat? That long-debated issue has been taken up again by Sen. William Proxmire of Wisconsin, who is conducting a daily crusade on the Senate floor against the ban on military women in combat. Proxmire's central argument is that the ban is discriminatory and weakens national security.

Proxmire said existing regulations require that the armed forces sort out and remove women from the possibility of combat when the situation arises. He said such rules disrupt military units and, in effect, eliminate highly trained women officers and their enlisted counterparts from their units when they are needed the most. This causes confusion, he said.

Women in the armed forces are eager to get into combat and have an equal opportunity for career advancement, the senator said. As for those who are compelled to protect women, Proxmire reminded them that women are serving with men in such perilous locations as MX and Minuteman missile launch sites.

On Borrowed Time

Congress is bent on catching deadbeats who owe nearly \$65 billion to the government, and there's a move afoot that would send private lawyers into the field to nab the delinquents.

To recover uncollected debts involving just about every kind of federal loan—except for back taxes—interest and penalties were slapped on delinquent debts and the wages of government workers were garnished if the borrowers were deemed to be reluctant to meet their loan commitments.

The next step, which is more drastic, already has passed the Senate. The bill would permit hiring private lawyers to track down borrowers of student, housing or business loans and collect from them. Sponsors of the legislation said the time has come to make loan deadbeats pay up. The House is expected to endorse the Senate's action.

Dopebusters

Backed by planes on loan from the United States, Colombian authorities destroyed about 85 percent of the marijuana grown in that South American country last year, according to an annual report on drug trafficking by the U.S. State Department.

Colombian officials now plan an aerial attack using herbicides to destroy coca bush growth, a plant source for other narcotic drugs.

Progress in stopping the drug trade was made in Thailand and Burma by destroying a large number of poppy plants, which are used to produce opium and other mind-warping substances. Mexican and Bolivian efforts to stop drug production and trafficking did not fare so well in 1985, the report said.

On the whole, State Department officials see last year's campaign as taking a bite out of the global production of illegal drugs. However, supply still exceeds demand; drug

abuse is on the rise in many countries, and many drug marketers pose security threats to their governments, according to the report.

The U.S. goal this year is to involve more nations and organizations in the campaign to eliminate narcotics production.

Limiting Lobbyists

Whenever scandals involving lobbyists occur, especially lobbyists who step down from federal office to represent foreign interests, Washington lawmakers renew their opposition against the abuses of the age-old system.

Sen. Strom Thurmond of South Carolina, chairman of the Senate Judiciary Committee, has taken steps to quash the activities of lobbyists who bypass regulations. Thurmond has introduced a bill that would ban all former federal employees from lobbying with government agencies on behalf of a domestic interest for one year, and on behalf of a foreign client for two years. In addition, the bill would permanently bar altogether former top-level government officials from lobbying for foreign governments.

Lobbying is a legitimate function in the nation's capital, as well as in state capitals, but the system is subject to abuse because of law loopholes.

Currently, top government officials are banned from representing foreign governments or industries for two years in matters with which they are involved as government employees. Former officials out to make fast money often have succeeded in finding ways around such regulations.

An Okay for SSA

Employees of the Social Security Administration do their jobs well and are courteous. That's the assessment given of the giant federal agency by the General Accounting Office, Congress' investigative arm.

One of the largest agencies in the government, with 74,000 employees, SSA operates an extensive, complex network of offices throughout the nation.

GAO surveyed 1,680 Social Security clients who gave the agency high marks. About 78 percent rated SSA services as good to very good; 15 percent rated services fair, and 7 percent said services were poor to very poor.

GAO said that half of those surveyed rated SSA services as somewhat better than other government agencies; 40 percent rated services about the same, and 10 percent rated them worse. Ninety percent gave SSA employees good marks for courtesy.

Quote of the Month

"Clearly, a civilization that feels guilty for everything it is . . . will lack the energy and conviction to defend itself."

Jean-François Revel
French writer

FAMILY OF SEVEN CUTS HOT WATER BILLS IN HALF!

Tankless Heater Provides Endless Hot Water

The Hughson family of Pennsylvania



The Hughson family just took 7 showers in a row — the 7th was as hot as the first —and they're saving hundreds on their hot water bills too.

Sound, Simple, Money-Saving Idea

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The Perfect Answer-New Thermar™ Tankless Instant Hot Water Heaters

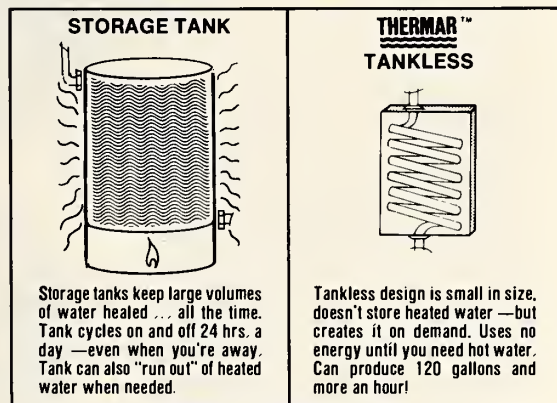
If heat losses are created by the need to keep large volumes of water standing in a tank, why not eliminate the tank? And, that's just what Thermar™ has done. In its place we have developed a tiny, super powerful instantaneous heating unit which ACTUALLY CREATES HOT WATER AS YOU USE IT. A micro-switch on the unit automatically turns on the moment hot water is needed. Then a continuous stream of delightful, sparkling hot water flows from the tap for shower or wash basin. IMAGINE — as much hot water as you want — produced in a never-ending stream as long as you need it.

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You'll recover the initial costs many times over in fuel savings as the years pass. And, you'll enjoy a lifetime of hot water — shower after shower after shower!

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Should the U.S. Submit to World Court Compulsory Jurisdiction?

Sen. Paul Simon, D-Ill.

Many of our worst decisions are made in anger. The administration's

YES

decision to withdraw from the compulsory jurisdiction of the World Court may give us some fleeting satisfaction, but in the long term it will damage our foreign policy interests, undermine our legitimacy as a voice for morality and erode the rule of law in international relations. This is undesirable.

When the administration withdrew from the court's jurisdiction, it changed a longstanding U.S. commitment—made and endorsed by earlier Presidents and the Congress—without notice or consultation. The action denied Congress the opportunity to hold hearings on the history of the World Court and the potential implications of the withdrawal upon future U.S. foreign policy interests.

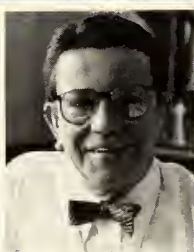
Nor did the White House sound out international human rights organizations and others who have an interest in international legal standards.

The United States need not have made a blanket withdrawal from the court's jurisdiction. We could have followed the example of England, India and other nations that have fashioned carefully crafted exceptions to the court's jurisdiction.

We have a stake in adjudication and stability, yet we are following a course that leads inevitably to less international legal restraint and to more violence.

For example, the World Court ruling against Iran during the hostage crisis enabled the United States to muster global support for economic sanctions that were helpful in securing the release of the hostages. If Khomeini took hostages tomorrow we would have lost access to an important international remedy. Not only idealism, but also realism argues against blanket withdrawal.

Our adherence to the rule of law—and our belief in the value of truth in the marketplace of ideas—distinguishes the United States from totalitarian societies. Our feeling that we are a moral nation may lead us not to want to have our policies questioned by others; but withdrawing from the World Court jurisdiction contradicts the tradition and the values that are the source of our strength. ☐



Sen. Orrin G. Hatch, R-Utah



NO

On Oct. 7, 1985, the State Department announced U.S. withdrawal from compulsory jurisdiction of the International Court of Justice. Henceforth, the United States will not participate in any controversies involving political questions. Participation in other ICJ proceedings will be done on a case-by-case basis. This means that

the United States has not withdrawn absolutely from the World Court, but merely that our consent is needed before becoming party to a legal action.

Since its creation after World War II, the World Court has become increasingly political. A true court must have disinterested judges deciding the issues brought before it. Most of the judges on the ICJ either reflect their government's policies or are under actual government control.

In the Nicaraguan case, where the United States did not agree to jurisdiction, the World Court refused to permit other indispensable parties, such as Honduras, Costa Rica and El Salvador, to be brought before it. It also refused to allow El Salvador to be a third-party intervener, despite the provisions of Article 63 of the Statute of the International Court of Justice. The U.N. Charter assigns the role of political conflict resolution to the U.N. General Assembly and to the Security Council. Until the Nicaraguan case, the court had never involved itself in a continuing political dispute. This was the specific rationale underlying the U.N. General Assembly's important Uniting for Peace Resolution of 1950.

The function of the court as an arbiter panel with approval of all parties is a sound one. The function of the court as a political decision-maker is not only unsound, but also it may very well further the process of destabilization in the international system. Nevertheless, the United States still will consider submitting a nonpolitical question on the merits of each case or controversy.

The facts are that 45 member states of the U.N. accept compulsory jurisdiction by the ICJ; 114 do not. The United States, for a change, is in harmony with the U.N. majority.

The administration has acted wisely and well. I support its decision to withdraw from compulsory jurisdiction exercised by the World Court. ☐

YOUR OPINION COUNTS, TOO

Senators and congressmen are interested in constituent viewpoints. You may express your views by writing The Honorable (name), U.S. Senate, Washington, D.C. 20510, or The Honorable (name), U.S. House of Representatives, Washington, D.C. 20515.

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The maximum protection package helps avoid shortfall when dollars are needed most. But the Plan is tailored to fit your very personal needs. One unit,



\$24 per year, billed yearly, pays up to \$12,000 depending on age. Additional units offer comparable values at a modest annual premium. Enroll now or add to your coverage.

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†PRORATED PREMIUM TO SEND WITH YOUR APPLICATION. The premiums shown above are for the balance of 1986 for approved applications effective Aug. 1, 1986. Premiums for applications effective Sept. 1 or later are proportionately less, by \$2 PER UNIT PER MONTH, and any overpayments will be refunded. Premiums accompanying non-approved applications will be refunded in full.

EFFECTIVE DATE Your insurance becomes effective on the first day of the month coinciding with or next following the date your application is received, subject to Insurance Company's approval. Insurance may be maintained in force by payment of premiums when due.

BENEFITS—Yearly Renewable Reducing Term Insurance (Policy Form GPC-5700-781) Benefits determined by age at death and include 20% SPECIAL INCREASE for deaths occurring during 1986. Maximum coverage limited to 12 units.

Age at Death	12 Units \$288 per yr.	11 Units \$264 per yr.	10 Units \$240 per yr.	8 Units \$192 per yr.	6 Units \$144 per yr.	5 Units \$120 per yr.	4 Units \$96 per yr.	3 Units \$72 per yr.	2 Units \$48 per yr.	1 Unit \$24 per yr.
Through age 29	\$144,000	\$132,000	\$120,000	\$96,000	\$72,000	\$60,000	\$48,000	\$36,000	\$24,000	\$12,000
30-34	115,000	105,600	96,000	76,800	57,600	48,000	38,400	28,800	19,200	9,600
35-44	64,800	59,400	54,000	43,200	32,400	27,000	21,600	16,200	10,800	5,400
45-54	31,680	29,040	26,400	21,120	15,840	13,200	10,560	7,920	5,280	2,640
55-59	17,280	15,840	14,400	11,520	8,640	7,200	5,760	4,320	2,880	1,440
60-64	11,520	10,560	9,600	7,680	5,760	4,800	3,840	2,880	1,920	960
65-69	7,200	6,600	6,000	4,800	3,600	3,000	2,400	1,800	1,200	600
70-74*	4,752	4,356	3,960	3,168	2,376	1,980	1,584	1,188	792	396
75*-Over	3,600	3,300	3,000	2,400	1,800	1,500	1,200	900	600	300
Prorated Premium†	\$120	\$110	\$100	\$80	\$60	\$50	\$40	\$30	\$20	\$10

*No persons age 70 or over (including those desiring additional coverage) will be accepted for new insurance.
9 and 7 units also available. Please write for details.

INCONTESTABILITY Your coverage shall be incontestable after it has been in force during your lifetime for two years from its effective date.

Make check payable to: The American Legion Life Insurance Plan and mail to:
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Plan insured by Transamerica Occidental Life Insurance Company.

Application Subject to Underwriter's Approval

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Information regarding your insurability will be treated as confidential except that Transamerica Occidental Life Insurance Co. may make a brief report to the Medical Information Bureau (M.I.B.) a non-profit membership organization of life insurance companies which operates an information exchange on behalf of its members. Upon request by another member insurance company to which you have applied for life or health insurance, or to which a claim is submitted, the M.I.B. will supply such company with the information it may have in its files.

The Company may also release information in its file to its reinsurers and to other life insurance companies to which you may apply for life or health insurance, or to which a claim is submitted.

Upon receipt of a request from you, the M.I.B. will arrange disclosure of any information it may have in your file. Medical information will only be disclosed to your attending physician. If you question the accuracy of information in the Bureau's file you may seek correction in accordance with the procedures set forth in the Federal Fair Credit Reporting Act. The address of the Bureau's information office is P.O. Box 105, Essex Station, Boston, Mass. 02112; Phone (617) 426-3660.

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Last First Middle Mo. Day Year

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Name of Beneficiary _____ Relationship _____
Example: Print "Helen Louise Jones." Not "Mrs. H. L. Jones"

Membership Card No. _____ Year _____ Post No. _____ State _____

I apply for the number of units indicated: ☐

The following representations shall form a basis for the Insurance Company's approval or rejection of this enrollment: Answer all questions.

1. Present occupation? _____ Are you now actively working?
Yes ☐ No ☐ If no, give reason _____
2. Have you been confined in a hospital within the last year? No ☐ Yes ☐ If yes, give date, length of stay and cause _____
3. During the last five years, have you had heart disease, circulatory disease, kidney disease, liver disease, lung disease, diabetes, or cancer, or have you had or received treatment or medication for high blood pressure or alcoholism? No ☐ Yes ☐ If yes, give details _____

I represent that to the best of my knowledge, all statements and answers recorded on this enrollment card are true and complete. I agree that this enrollment card shall be a part of any insurance granted upon it under the policy. I authorize any physician or other person who has attended or examined me, or who may attend or examine me, to disclose or to testify to any knowledge thus acquired.

Dated _____, 19____ Signature of Applicant _____

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GMA-300-19 12-79

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ACKNOWLEDGEMENT AND AUTHORIZATION

I have received and read the Notice of Disclosure of Information at left. Further, I authorize any physician, medical practitioner, hospital, clinic, or other medical or medically related facility, insurance company, the Medical Information Bureau or other organization, institution or person having any records or knowledge of me or of my health to give Transamerica Occidental Life Insurance Company any such information.

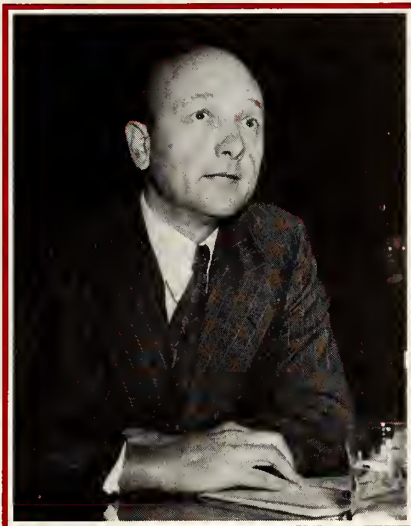
A photographic copy of this authorization shall be as valid as the original.

Dated _____, 19____ Signature of Applicant _____

☐ I apply for additional Legion Life Insurance. My present certificate number is _____

A DEFINITION OF DEMOCRACY

When President Truman nominated David E. Lilienthal, then 48, to head the atomic energy program in 1947, many senators fumed and it seemed doubtful whether enough votes could be obtained for confirmation. Lilienthal was called before the Joint Congressional Committee on Atomic Energy where the senior senator from Tennessee, then 70 years old, led an attack that took many directions: "How could a man so young, and without expert knowledge of atomic chemistry, be expected to head the agency successfully? How much did it cost the T.V.A. to produce a ton of ammonium nitrate?" Lilienthal replied that the figures were available, but he did not carry them in his head. After further loaded questions, the senator asked: "Well, what are your convictions on communist doctrine?" In a low voice, electric with fervor, Lilienthal replied: "This I do carry in my head, Senator."



JOB INTERVIEW—Lilienthal responds calmly to "baiting" during hearings.

WILL do my best to make it clear. My convictions are not so much concerned with what I am against as what I am for; and that excludes a lot of things automatically.

Traditionally, democracy has been an affirmative doctrine rather than merely a negative one.

I believe—and I conceive the Constitution of the United States to rest upon, as does religion—the fundamental proposition of the integrity of the individual; and that all government and all private institutions must be designed to promote and protect and defend the integrity and the dignity of the individual; that that is the essential meaning of the Constitution and the Bill of Rights, as it is essentially the meaning of religion.

Any forms of government, therefore, and any other institutions that make men means, rather than ends in themselves, that exalt the state or any other institutions above the importance of men, that place arbitrary power over men as a fundamental tenet of government, are contrary to that conception; and, therefore, I am deeply opposed to them.

The communistic philosophy as well as the communistic form of government falls within this category, for its fundamental tenet is quite to the contrary. The fundamental tenet of communism is that the state is an end in itself, and that therefore the powers which the state exercises over the individual are without any ethical standard to limit them.

That I deeply disbelieve.

It is very easy simply to say that one is not a communist. And, of course, if, despite my record, it is necessary for me to state that very affirmatively, then this is a great disappointment to me.

It is very easy to talk about being against communism. It is equally important to believe those things which provide a satisfying and effective alternative. Democracy is that satisfying, affirmative alternative. Its hope in the world is that it is an affirmative belief, rather than being simply a belief against something else and nothing more.

One of the tenets of democracy that grows out of this central core of a belief that the individual comes first, that all men are the children of God, and that their personalities are therefore sacred,

carries with it a great belief in civil liberties and their protection, and a repugnance to anyone who would steal from a human being that which is most precious to him—his good name—either by imputing things to him, by innuendo or by insinuation. And it is especially an unhappy circumstance that occasionally that is done in the name of democracy. This, I think, can tear our country apart and destroy it if we carry it further.

I deeply believe in the capacity of democracy to surmount any trials that may lie ahead, provided only that we practice it in our daily lives.

And among the things we must practice is that while we seek fervently to ferret out the subversive and anti-democratic forces in the country, we do not at the same time, by hysteria, by resort to innuendo and smears, and other unfortunate tactics, besmirch the very cause that we believe in and cause a separation among our people, cause one group and one individual to hate another based on mere attacks, mere unsubstantiated attacks upon their loyalty.

I also want to add that part of my conviction is based on my training as an Anglo-American common lawyer. It is the very basis and the great heritage of the English people to this country, which we have maintained, that we insist on the strictest rules of credibility of witnesses and on the avoidance of hearsay, and that gossip shall be excluded in the courts of justice. And that, too, is an essential of our democracy.

Whether by administrative agencies acting arbitrarily against business organizations, or whether by investigating activities of legislative branches, whenever those principles fail, those principles of the protection of an individual and his good name against besmirchment by gossip, hearsay and the statements of witnesses who are not subject to cross-examination—then, too, we have failed in carrying forward our ideals in respect to democracy.

That I deeply believe. □

Editor's note: Lilienthal got the job.

DEFENDING OUR OWN BACK YARD

The U.S. policy to effect democratic reform in Central America is working well. However, the United States could lose it all in Nicaragua.

By Elliott Abrams

A COMPARISON of Central America today with the situation that existed in 1979 leads to an inescapable conclusion: U.S. policy is working.

In 1979, all of the Central American countries except Costa Rica were ruled by military dictatorships. Today, El Salvador and Guatemala have democratically elected civilian governments. This year in Honduras, the presidency passed from one civilian elected president to another for the first time in this century.

Nicaragua stands alone in the isthmus in moving to consolidate a dictatorship. The Sandinistas are busy establishing the kind of systematic repression that exists throughout the communist world—and it is no wonder: Their security system has been organized and closely supervised by East Germans and Cubans from the very beginning of the Sandinista regime.

Critics claim that the United States should make greater efforts to negotiate with the Sandinistas. The problem is that the Sandinistas will not negotiate unless they are pressured to do so. When has a country—especially a communist country—ever bargained for something that it expects to get for free?

Backed by Soviet Union resources, Nicaragua is capable of easily advancing its political and strategic objectives against its neighbors and Sandinista

guarantees to the contrary are worthless unless the Nicaraguan people have the ability to keep their government honest. If democracy does not come to Nicaragua, the Central American democracies and the United States will face the unpleasant alternative of containing Nicaragua. What form this would take is hard to predict. An indefinite buildup of the armed forces of the other Central American democracies? A long-term U.S. military presence in Central America? A significant and costly strategic realignment by the United States?

If we are to succeed in promoting democracy and security in Central America, we will have to:

- Continue to apply pressure to Nicaragua—diplomatic, economic, and military. The Sandinistas can be expected to pursue single-mindedly their goal of subverting their neighbors and crushing all opposition. Words will not change their behavior. Only pressure, which increases the cost to them of their

policies, has any hope of causing a change in behavior.

- Support the Nicaraguan democratic resistance. Unarmed, the people of Nicaragua have no hope against the Sandinistas' power and their Soviet-bloc sponsors. They are battling Soviet helicopter gunships piloted by Cuban veterans. If the resistance is abandoned, the Sandinistas will move quickly to fully consolidate a communist state.

- Continue economic and military assistance to the Central American democracies at levels recommended by the Kissinger Commission. The problems in Central America will take years to resolve, and communist insurgencies with Soviet-Cuban support continue in Guatemala and El Salvador.

- Show consistency and strength. Nicaragua represents a Soviet penetration of the American mainland. Latin Americans know that only the United States is capable of dealing with that penetration. It is crucial that we retain their confidence by meeting this challenge and showing leadership.

If we do not meet this challenge, the hemisphere will be vulnerable to Soviet adventures for the foreseeable future. In that case, our friends in Latin America might be tempted to find their own way to accommodate the Soviets, and any attempt to turn back the threat could be infinitely more costly.

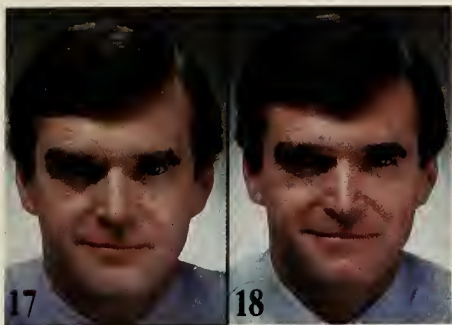
The whole world—friend and adversary alike—is watching to see how we defend our own back yard. Our actions, if they are bold and wise, can serve to encourage our friends and discourage our enemies. If they are timid and ill-conceived, they can have the opposite effect. □

COMMUNIST-INSPIRED—Soviet-armed Sandinistas maintain military superiority.



BETTMAN NEWS PHOTO

Elliott Abrams was appointed Assistant Secretary of State for Inter-American Affairs in July 1985.



PICTURE YOURSELF

**with a little less gray,
a lot less, or none at all.**

All over the country, there's a group of men—actually millions of them—who have a secret they don't share with anyone. Not even with each other.

Their secret? That nobody knows they're using Grecian® Formula 16® to gradually take away as much gray—or as little as they want to lose, without anybody knowing. That's their secret.

They do it with a clear liquid, as easy to use as a hair tonic. Here on this page you can see the undoctored photographs of the hair taken day-by-day as one of these Grecian users gradually took care of that older look.

Note in the photos around the page how the change each day seems like no change at all. But compare #1 (when he began) with #18. The nearly invisible day-to-day changes have eliminated the gray and created a younger looking man.

You can do it too. Not necessarily the way this Grecian user did. You may have more or less gray to start with. And you may want to end up with more—or less. You're in control. A lot of Grecian users leave a little gray on the sides.

The important thing is that you look perfectly natural all the time. The return of your own natural looking color each day over a period of weeks is so imperceptible, not even your friends can tell you're using Grecian. Unless, of course, you tell them yourself.

You'll be glad to know you won't have trouble finding Grecian. It's available wherever men's toiletries are sold. That's because millions of men quietly demand it.

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THE TRUE MEANING OF THE LADY

Although she's been the first to greet millions of immigrants to America, the Statue of Liberty was never intended to be the "Mother of Exiles."

By Roger Conner

AS WE prepare to celebrate the 100th birthday of Lady Liberty, we would do well to re-examine her origins and symbolism.

The Statue of Liberty was erected on Bedloe's Island, N.Y., in 1886. Six years after the statue's completion, the immigration center on nearby Ellis Island was opened. For 17 million immigrants, the Statue of Liberty was their first view of the New World.

Yet, the Statue of Liberty was not designed as a monument to immigration. A plaque with Emma Lazarus' famous poem was added to the base of the statue as an afterthought 17 years after Lady Liberty was dedicated. Lady Liberty was, and remains above all else, an inspirational tribute to the principles of liberty which, when understood and protected, result in prosperity for all.

At the Lady's feet lie the broken chains of bondage. On her head is a crown of seven spikes, signifying the seven continents and the seven seas. With such universal appeal, the Statue of Liberty could have been erected anywhere. In fact, Frederic-Auguste Bartholdi considered designing her as a lighthouse to guide ships through the Suez Canal. But as he worked on the idea and shaped it in his mind, he realized the Statue of Liberty was uniquely suited as a monument to American independence.

Roger Conner is executive director of The Federation for American Immigration Reform in Washington, D.C.

Over the years, groups supporting increased immigration have transformed "Liberty Enlightening the World" into the "Mother of Exiles." Some actually say that limits on immigration run counter to what the statue stands for.

But the United States of today is not the United States Bartholdi visited a century ago. We are no longer living in the age of schooners, candles and vast frontiers.

In 1886, world population had barely topped 1 billion, and much of the United States remained wilderness. In the far reaches of the Western States, U.S. Army troops were at war with many Indian nations.

Today, world population has climbed past 5 billion and frontier has fallen to freeway. The modern "western problem" is not Indian wars, but rapidly diminishing water tables.

In the past 100 years, boundless optimism has been replaced by bounding federal deficits and sluggish economic growth. Over 8 million Americans are out of work at a time when federal programs are being cut to the quick.

Legal immigration has enriched and inspired generations of Americans. Today, the United States generously accepts twice as many legal immigrants and refugees for permanent resettlement as the rest of the world combined. But all good things have their limits. We cannot take all of the world's displeased and dispossessed. Africa, hard-pressed to feed 513 million persons today, will have a population of 1.4 billion by 2020. Latin America, with an economy one-fifth that of the United States, will have to create twice as many jobs as the United States now averages just to maintain current high rates of unemployment.

Immigration has helped this country, but immigration that is out of control could destroy the fabric that holds the nation together.

If the United States is going to continue admitting people through the "front door" of legal immigration, it will have to make a concerted effort to shut the "back door" of illegal immigration. It's time to re-examine our immigration laws, to get our hearts in line with our heads, our myths in line with reality.

Failure to make use of the lessons history offers us is indeed a dangerous thing. For as the historian Arnold Toynbee once observed, the same elements that build up an institution eventually lead to its downfall. □





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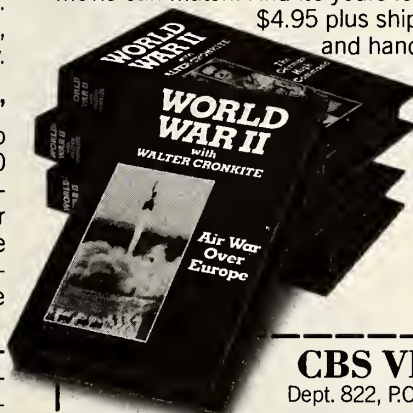
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'I LIFT MY LAMP...'

By Vernon Pizer

FOR nearly two years she stood there cocooned in a 300-ton network of aluminum girders that encased her like a full body cast, unabashed by the scores of artisans who swarmed about her, probing deep into her body, unmindful of the discordant jangle of their drills and hammers and donkey engines.

But now the aluminum webbing that had girded her is gone, the craftsmen have laid away their tools, and the noise has ceased. Refreshed, restored to robust health, the nation's most famous lady once again gazes out on the world in tranquility, holding aloft her torch to light the way for all who are seeking the qualities of life that she symbolizes so peerlessly.

Ministering to the needs of the Statue of Liberty (whose official name is actually "Liberty Enlightening the World") has been no simple, routine task. The Lady had endured enormous strains during the hundred years since she mounted the 89-foot high pedestal on her 10.8-acre island in New York Harbor. The trials she had undergone had taken a heavy toll of her. She had been pummeled by intense, salt-laden winds and she had been exposed to acid rains. She had been glazed in winter frosts and broiled by summer suns that sent her internal temperature soaring to as high as 120 degrees. She

Author of 15 books, Vernon Pizer has written some 500 articles for magazines throughout the world.

Battered by salt-laden winds and aged by summer heat and winter frost, The Lady was long overdue for a facelift. But now she's back and her golden lamp again guides ships to freedom's shore.

had been worn by the rigors of receiving nearly 2 million visitors a year—so many that on the busiest days their exhalations within the hollow statue caused carbon dioxide levels to rise dangerously. Beneath her 200,000 pounds of copper skin, corrosion had eaten deep into many of the 1,600 iron armature bars and 1,500 copper saddles that constitute her skeleton. Her right shoulder—the one that bears the weight of her uplifted torch—had become seriously weakened and had threatened to collapse. During the century she had maintained her vigil in the harbor, her head had settled some six inches closer to her upraised arm, close



enough so that one of the seven 9-foot spikes in the crown encircling her head had punched a hole through her skin.

Nobody could deny that Lady Liberty, the largest statue ever erected, had suffered greatly from the ravages of age and from the multiple stresses imposed on her. But all of the reverses she had sustained were, after all, only ills of the body. Given the finely honed engineering skills, the sensitive

design talents, and the remarkable craftsmanship of the Franco-American team charged with her restoration, all of her wounds could be healed—as they have been. However, in a larger sense, in a way quite distinct from the actualities of twisted and corroded metal, she had never been ailing at all. To the contrary, with each passing year she had grown more vibrant and vital, more powerfully symbolic of the highest and best aspirations of mankind:

IMAGE BANK



GUIDING LIGHT—All America eagerly awaits Lady Liberty's return to duty July 4th after two years' restoration that included installation of a new torch with gilded flame, 1,700 new stainless-steel support ribs and other beauty touches to the 305-foot, copper-skinned statue and its 11-acre island.

to be free in a land peopled by the free.

Thus, in her centennial year, the Statue of Liberty is infinitely and sublimely more than the sum of her parts, more than simply a towering monument looming 151 feet from her pedestal to her torch-tip, more than an ingeniously fabricated assemblage of armature bars and saddles, of bolts and tie-rods and sheets of copper. This grand Lady has become the personification of liberty—not merely for those of us who have been nurtured beneath that upraised torch, but for all peoples everywhere. In fact, those who live beyond the distant horizon are often



FREELANCE PHOTOGRAPHERS GUILD



PHOTOGRAPHS BY JET LOWE/HISTORIC AMERICAN ENGINEERING RECORD

able to see the Lady with greater clarity than we who dwell at her feet. Listen to how New York Gov. Mario Cuomo expressed it recently: "We native Americans are at a disadvantage. We cannot see the Statue of Liberty and what it represents as clearly as immigrants can. We take our freedoms for granted because we have always rubbed elbows with them; we have known nothing else. But those who arrive on our shores to encounter our freedoms for the first time are moved beyond description by the unique experience."

In an oblique sort of way, one is enabled to achieve a more sensitive understanding of those freedoms, a more penetrating appreciation of what Lady Liberty really represents, by turning to the unlikelyst of sources for unwitting guidance: Nikolai Lenin, one of the fathers of communism in the Soviet Union. Many years ago, commenting on his perception of liberty, Lenin said: "It is true that liberty is so precious—so precious that it must be rationed." No reasoning being would quarrel with his assertion that liberty is precious. But so precious that it must be rationed? Never.

Though he had certainly

PHOTOGRAPHS BY JET LOWE/HISTORIC AMERICAN ENGINEERING RECORD



not intended it, those few words of Lenin's—because they are so clearly a perversion of logic and a denial of man's eternal dream—crystallize the essence of what Lady Liberty represents. For it is unarguable that liberty, despite Lenin, is indivisible.

It cannot be cut into slices, as though it were a salami, to be doled out a morsel at a time. Freedom that is rationed can never be freedom—it can only be bondage. And this is the bedrock reason that the centennial of Lady Liberty is of such transcendental

HEAD WORK—The grand Lady gets a facial.

importance to all of us. Standing tall and solid on her pedestal, she serves as our constant, tangible reminder that what she symbolizes is true freedom, freedom that is neither rationed nor reserved for the favored few, freedom that is our birthright and the birthright of the generations that will follow us.

When this magnificent statue, this touching gift from the people of France to memorialize Franco-American friendship, was dedicated on Oct. 28, 1886, President Grover Cleveland rose to address the 2,500 notables from both sides of the Atlantic who were gathered at the base of the monument. He said, "We will not forget that Liberty has made here her home." The nation and her people have remained faithful to that promise; we have not forgotten. And the world is the better for our fidelity to Cleveland's pledge. □

LIBERTY ISLAND'S OTHER LADY

THE full story of Lady Liberty is really the story of two grand ladies. The second of them is Emma Lazarus, born of Spanish-Jewish parents in New York City in 1849. A poetess of great sensitivity, early in her career she was hailed by Ralph Waldo Emerson and other literary giants for her talented pen. A rewarding future in the world of literature lay ahead of her. Instead, appalled by the brutality of the infamous "pogroms" launched by Russia against its Jewish population, she devoted her talent and energy to organizing relief efforts for the persecuted victims. Exceedingly shy, she used her pen as an insistent "voice" of conscience to marshal international pressure to lift the Russian yoke of repression.

She was a champion of liberty not just for the victims in Russia, but for the oppressed everywhere. When the Statue of Liberty arrived in America Miss Lazarus saw it as the tangible symbol of American freedom and as the beacon of hope for those abroad hungering to be free. Taking up her

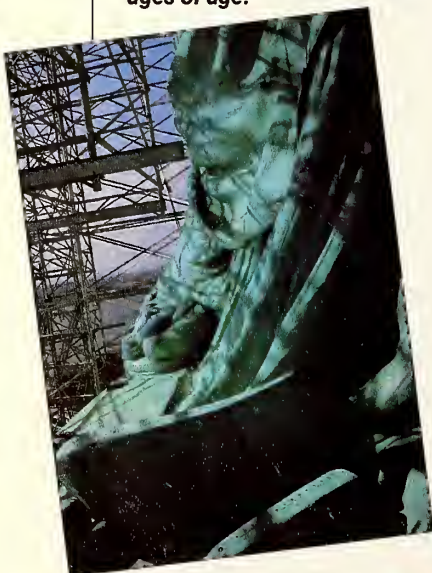
pen, she composed her most stirring, most enduring work, a sonnet to Lady Liberty titled *The New Colossus*. In it she paid homage to the Lady for the promise she holds out to humanity. In 1887, only one year after her cherished Lady Liberty was dedicated, Emma Lazarus died at the age of 37. In 1903 a tablet containing the last five lines of her moving sonnet was affixed to the statue's pedestal. Those lines read:

*"Give me your tired, your poor,
Your huddled masses yearning to be free,
The wretched refuse of your teeming shore,
Send these, the homeless, tempest-tost, to me;
I lift my lamp beside the golden door."*



EMMA LAZARUS

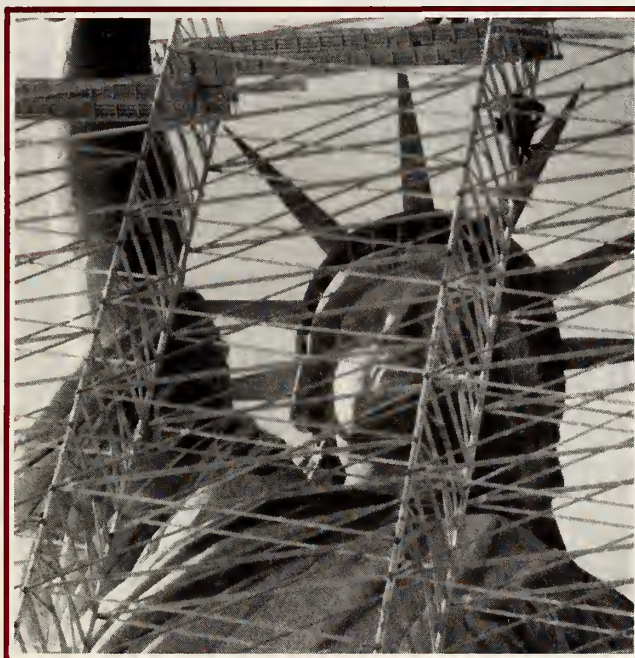
FOOT WORK—Healing the ravages of age.



HOW REFURBISHING 'LIBERTY' AFFECTED THE UNITED STATES

Despite the staggering amount, it took no arm-twisting to collect \$265 million to restore the Statue of Liberty. Here's why everyone was eager to get into the act.

By Lee Iacocca



NATIONAL PARK SERVICE

WHEN the President asked me to be chairman of a committee to restore the Statue of Liberty and Ellis Island, I was honored. Both needed so much work. The statue looked okay from a distance but, inside, her bones were breaking apart. And Ellis Island, haunted by the ghosts of the 17 million immigrants who came through there between 1892 and 1954, was closed 32 years ago. After three decades of neglect, the place was a mess.

The whole project—the statue and Ellis Island—cost about \$265 million. That sounds like a lot, but it's only a buck for each American . . . the price of a pack of cigarettes. Also, none of that

came from public funds.

We got \$5 million from school kids sending us their nickels and dimes. We got thousands of letters from kids, which began, "Dear Mr. Iacocca, here's my allowance." The kids were fantastic. They washed cars and held bake sales.

Everybody got into the act. One guy rode a motorized surfboard more than 3,000 miles to raise money. We even got \$2,000 from the Hell's Angels. And when people sent in money, they always seemed to write a letter. People who were immigrants said, "America has been good to me, and I want to pay a little of it back." The second generation people said, "Here's something for my mom and dad . . . for all they went through for me."

One day a guy gave me a million dollars. Right out of

the blue. He made me promise never to reveal his name. He told me about how his family had come here poor, like everybody else. The man felt a big debt to this country. It was his way of saying thanks privately.

Perhaps the most touching letter of all came from a man in Poland who sent silver certificates worth about \$2, and asked for a picture of what he called "This beautiful symbol." And what a beautiful symbol she is . . . to us and to the rest of the world.

Americans 100 years ago

Lee Iacocca, chairman of the board for Chrysler Corp., serves as chairman of the Statue of Liberty-Ellis Island Foundation, Inc., which was established to lead a national fund-raising campaign to restore the Statue of Liberty and Ellis Island.

didn't appreciate the importance of that symbol . . . what the Lady in the Harbor stood for. They had to look through someone else's eyes to really understand. Think for a minute what it must have meant to your parents, or your grandparents who came during the big immigration wave.

They left their families and their homes. Most knew they'd never get back to see them again. And then 17 or 18 days on the ocean . . . down below in steerage . . . where almost everybody was seasick. They had 2½ crowded, smelly weeks to think about what they'd left, and wonder if just half the stories about America were true.

None of them remembered that boat ride very fondly. But they remembered the day they got to New York. They all came up on deck, dressed up in their best clothes because this was the biggest day of their lives. They stood on the deck with just those clothes on their backs, and maybe a suitcase with a rope around it. And the first thing they saw was the Statue of Liberty.

Continued on page 50



HOW DEMOCRACIES PERISH

Democracies die because of their spirit of compromise, self-criticism and high moral values—the very characteristics that make them strong, says French author Jean-Francois Revel. In this exclusive interview, Revel tells how the Soviets use the freedoms of our society to subvert us.

American Legion Magazine: How do democracies perish?

Jean-Francois Revel: By doing what the totalitarian enemy wants them to do, often without a clear perception of what is happening. For instance, one U.S. administration cancelled the neutron bomb idea in the face of a worldwide outcry. Much of that outcry was fueled by the Soviets who easily penetrated pacifist groups with their own agents and turned them in a direction useful to their own policies. The Soviets manipulate democratic systems to get democracies to do what the Soviets want them to do.

Q. Do the media play a part in this?

A. Yes, because they are open to manipulation by the Soviets, but the converse is not true: The West doesn't have

Jean-Francois Revel is former editor and director of the French journal L'Express.

access to the media in Soviet countries. That is the inevitable corollary of democracy, which requires a free press to function. A free press in the communist world is impossible. It runs counter to the ultimate aim of communism.

Q. What is the ultimate aim of the communists?

A. They have never concealed their aim. They have a totalitarian system based upon an ideology, and they want to make their ideology the ruling principle of the world. They have repeated that in all their congresses since Lenin. Their aim is integration of the whole world into the communist system and way of thinking, and the Soviet Union has made great strides toward that end.

Q. Which democracies have perished?

A. Let's mention in the 4th Century B.C., Athens; in 1940 A.D., France, Belgium, Holland, Denmark, Norway. Their resurrection in 1945 doesn't prove much, because they would have disappeared forever, had they not been rescued from outside. England would have been enslaved by the Nazis, too, had it not been saved. Another example is Czechoslovakia in 1947.

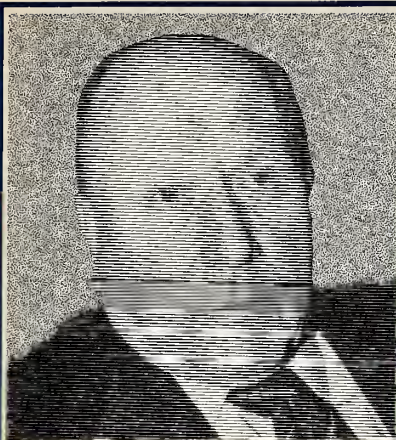
Q. What weaknesses in Western nations work toward their downfall?

A. I hope there won't be a downfall, but I think a major weakness is intellectual, that we never sufficiently study how the communist system works. We are always thinking that the communists want to conquer the world by war. That is incorrect. Communists want to conquer the world, but they want to do it without war, and they succeed to an extent.

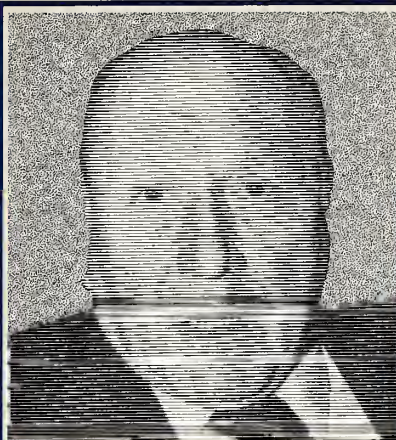
They are afraid of nuclear war as much as we are. That's why they are stressing regional wars such as in Afghanistan and Angola. The only way to stop the communists is to understand how their system works. Unfortunately, we don't. We consistently fail to study or remember the past. We fail to realize how they implement the same schemes to achieve the same goals. What they are doing now in Afghanistan is what they did in their own state of Georgia in 1921.

Q. How do you account for this ignorance on our part?

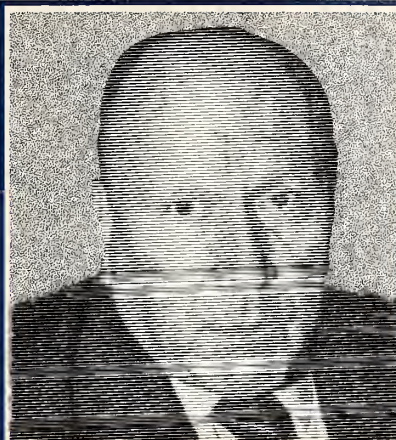
A. Each time new leaders are elected in the West they seem to start from zero and ignore history. It is as if they have learned absolutely nothing from what the Soviet Union has been doing for nearly 70 years. Since you refuse to understand how the system works, you cannot build an effective, efficient foreign policy. For instance, it is misleading to compare communist expansionism and the imperialism of Czarist Russia. Czarist Russia was seeking only material gains, not the creation of a "new mankind." The Western weakness for taking the optimistic view is a poor way to design foreign and defense policies. Communist expansionism is, by essence, without limits.



PLAYING TOUGH—"The Soviet Union uses our weaknesses to weaken us more. But we do not use their weaknesses against them. We should adopt the same tactics."



LIVING PROOF—"Communist leaders will always feel threatened by the existence of a Free World because it is permanent evidence that communism doesn't work."



OUR WEAKNESS—"The only way to stop the communists is to understand how their system works. Unfortunately we don't. We consistently fail to study or remember the past."

Q. Is there any point in meeting with the Russians and attempting to negotiate since they are unwilling to concede in any area or agree to any pact that can be monitored?

A. I think it is necessary because of public opinion. We are living in democracies and we want to protect them. Democratic leaders must respect public opinion. But they also have to learn again the art of negotiation. We must never give away more than we get. It's a matter of will. Also, it depends on which summits and which dialogues you enter.

For instance, when the West went back to meet with the Soviets after martial law had been declared in Poland and after the Soviets had shot down the Korean airliner, these were major mistakes. In those circumstances, the very fact of bringing the West to the negotiating table after having done such things was, for the Soviets, a propaganda triumph.

On the other hand, the Geneva Summit of this past November was a relative success for the West because the Soviets were begging for the meeting.

Q. Why were the Soviets so eager for the meeting?

A. Because they're afraid of the Strategic Defense Initiative. They already had a bad failure before that in policy intimidation campaigns. Despite everything they did to scare us, we deployed the Euromissiles in Western Europe. When that happened the Soviets said they would never go to a summit. Then, when they saw SDI developing, they asked for a summit.

The summit for them had only one goal, to force President

Reagan to drop SDI, and they failed. That was useful for the West in international prestige and was unquestionably a setback for Soviet foreign policy.

Q. What should the United States do about SDI?

A. It has to go on with it. The United States is so far behind the Soviet Union in offensive weapons, particularly ballistic missiles, that it cannot compete with the Soviet Union in these areas. So, instead of trying to recoup in areas where it is weak, the United States should go ahead where it is strong. According to all the experts that I have heard or read, the United States is far ahead in active defense.

Q. Why are we so far behind in offensive weapons?

A. Because the United States actually reduced arms production under the Arms Control Treaty of 1972 while the Soviets did not. The treaty was the Soviets' access to parity and they used that access to achieve more than parity.

Q. Did the Soviets cheat on the agreement?

A. They took advantage of all the loopholes. For instance, theater arms, such as Euromissiles and the SS-20, which are threatening Western Europe, were not mentioned in the treaty, so they deployed them. It was a matter of cleverly using loopholes.

Q. How badly was the United States hurt by the 1972 Treaty?

A. It was the first time in history that a great nation such as the United States voluntarily lost an arms race to an enemy. The Soviets continued their arms buildup and the United States did not. The greatest failure was an underlying and incorrect assumption on the West's part that granting parity to the Soviets would somehow slow or stop their aggressiveness.

The assumption led to the failure of the 1972 Treaty. The

Continued on page 54

Totalitarian regimes are inherently unstable, but we don't take advantage of this instability.

By Richard Nixon

AMERICA'S policies toward Latin America, Africa, the Mideast and other great nations of Europe and Asia are vitally important, but our relationship with the Soviet Union will determine whether civilization will survive on this planet.

There is a double lock on the door to real peace in the world. The United States has one key; the Soviet Union has the other. Without both, peace cannot be preserved.

Forty years ago, the United States had a monopoly on the atomic bomb. In his famous 1946 "Iron Curtain" speech, former British Prime Minister Winston Churchill said, "No one in any country has slept less well in their beds because the knowledge and the method and raw materials to apply it [nuclear power] are at present largely retained in American hands. I do not believe we should all have slept so soundly had the positions been reversed and if some communist or neo-facist state monopolized for the time being these dread agencies."

When Churchill made this statement, the United States had nine atom bombs. The Soviet Union had none. Today, the United States and the Soviet Union each has more than 10,000 nuclear warheads on their intercontinental weapons, the smallest of which is 10 times as powerful as the bomb that destroyed Hiroshima. To continue the nuclear arms race is insane. That is why Ronald Reagan, a strong and popular American President, and Mikhail Gorbachev, the new strong leader of the Soviet Union, hold the fate of the world in their hands as they try to stop the buildup and start the build-down of nuclear weapons.

But reducing the number of nuclear weapons does not necessarily reduce the danger of war. Chinese Premier Deng Xiaoping made this point in an interview in *Time Magazine* when asked to

comment on the proposal for the Soviet Union and the United States to cut their nuclear arsenals by 50 percent. "When each has the power to destroy the world 10 times over," he said, "reducing the number so that they would then have the power to destroy the world only five times over is not by itself reassuring."

It is not the existence of arms, but their use that leads to war. That is why progress in reducing political differences, which could lead to the use of arms, must go forward with arms control if peace is to be preserved.

Let us examine the political differences between the Soviet Union and the United States as Churchill would—with the bark off.

OUR differences are not due to personalities. The much-reported fact that Gorbachev has a good education, a firm handshake, a good sense of humor, a melodious voice, and a wife who wears designer clothes is interesting, but is no more relevant in indicating what his policies will be than the fact that Khrushchev, according to critics who underestimated him, was poorly educated, drank too much, wore ill-fitting clothes, and spoke bad Russian. *Sound policy is the first casualty when style is stressed over substance.* What we must recognize is that anyone who claws his way to the top in the jungle of the Soviet hierarchy is bound to be a strong leader, a dedicated communist and a formidable adversary.

Gorbachev is a product of the system. He will try to make it run better, but he will not risk his power by changing it. In foreign policy, he will be tough in keeping what he has inherited. He will continue to have the long-range goal of extending communist power. But his most urgent short-term goal is to get the Soviet economy moving again because without a strong economy he cannot have a strong foreign policy. His immediate

WORLD PEACE DEPENDS ON U.S.-USSR RELATIONS. HERE'S WHAT CAN BE DONE TO ACHIEVE PROGRESS.

need, therefore, is to reduce tensions with the United States and the West. How should we react?

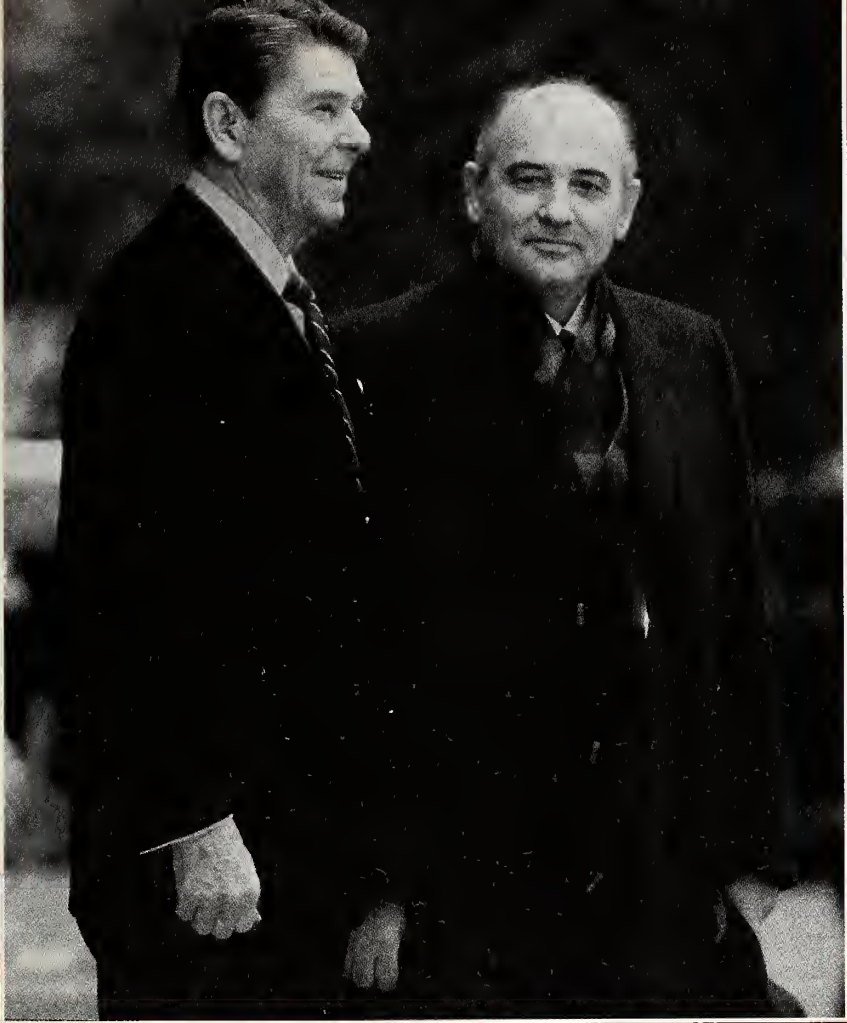
Any relationship with the Soviet Union, which has a chance to survive, must be built upon eight indispensable pillars of peace:

- Our policy should be based not on the soft illusion of mutual affection, but on the hard reality of mutual respect. Russians and Americans can be friends. The governments of the United States and the Soviet Union can never be friends; but we cannot afford to be enemies. As Gorbachev pointedly observed in his Geneva press conference, the Russians are not simpletons. The Russian people are a great people. The Soviet Union is a military superpower. The Soviets deserve our respect. But respect does not mean affection.

Most pundits in Geneva asked the wrong question—did President Reagan and Gorbachev *like* each other? The far more important question is did they *respect* each other. Affection between allies is useful. Respect between adversaries is indispensable. The greatest danger of war today is not that either of

Former President Richard Nixon is a leading author and expert on U.S. foreign affairs.





PEACE TALKS—At the Geneva Summit, Reagan and Gorbachev sought common interests to preserve world peace.

• The time has come for an era of new realism in U.S.-Soviet relations. The old concepts of containment and detente are no longer viable. We should break new ground by combining competition and coexistence. We should compete with each other economically and ideologically on both sides of the Iron Curtain. We should cooperate with each other to prevent that competition from escalating into armed conflict.

Whether these pillars of peace stand or fall depends on the strength, will and leadership of the United States and requires action on three fronts:

• It is essential that we keep our economy strong, sound, productive and free. Without a strong economy, we cannot afford the military expenditures we need for our defense and for bargaining in the arms-reduction negotiations, we cannot have a strong foreign policy, and we cannot provide an example of how freedom works in the ideological battle in the world.

• We must restore the bipartisan foreign policy, which began after Churchill's Iron Curtain speech and was one of the casualties of the Vietnam War. This will be a long struggle. Gorbachev could live long enough to deal with five American Presidents. Let us make sure that he will never be able to delay negotiations with one President in the hope that he could get a better deal from the next one.

• Above all, we need a clear, positive vision of America's role and goal in the world.

It is not enough to be against the communist way because it would make things worse. Let us help the communists find a new way that will make things better. Let us tell them not just what we are against but what we are for. Let us make clear that we would be concerned about their plight even if there were no communist threat.

Let our legacy be not just that we saved the world from communism, but that we helped make the world safe for freedom.

Let this generation of Americans be remembered for helping to usher in a new era in which the bloody 20th century was followed by a peaceful 21st century—an era in which people everywhere enjoyed the blessings of freedom, justice and progress, which have made America such a good and great country. □

the superpowers would start a war that would risk suicide, but that war would come from miscalculation. That is why re-establishing the practice of regular summits is so important. If two leaders know each other, they may not like each other, but their knowing each other reduces the chance that either will misjudge the other and underestimate the other's will to resist where his vital interests are threatened.

• We should honestly recognize our differences and not try to gloss them over. We don't like their system. They don't like ours. We have profound differences, some of which will never be settled. We have one major common interest—to avoid war over our differences. The goal of our diplomacy, therefore, should be a limited one: to resolve differences where possible and, where that is impossible, to develop rules of engagement for living with our differences rather than dying over them.

• We will not seek to impose our system on them and we will resist their efforts to impose their system on us or our allies.

• We will not seek strategic military

‘THE SOVIETS DESERVE OUR RESPECT. BUT RESPECT DOES NOT MEAN AFFECTION.’

superiority, but we will do whatever is necessary to prevent them from having strategic military superiority.

• We will support our friends in the Third World just as they support theirs. We will meet the Soviets half way to defuse Third World conflicts in areas where our interests collide in such a way that they could draw us into war.

• We are geopolitical adversaries, but we should recognize that we have a common enemy—international terrorism.

• We welcome increased trade with the Soviet Union, but we will not engage in trade that would subsidize our own destruction.



MASSACHUSETTS TOURISM

AT THE HELM—Gloucester, Mass., honors "they that go down to the sea."

By Gary Turbak

IN THE predawn darkness, you hear the soft chugging of a diesel engine and the slap of water against a hull. A new day is beginning on the nation's waterfront. From Eastport, Maine, to Monterey, Calif., those who farm the sea are about their business, and savvy travelers are taking a closer look.

Come visit America's fishing towns. Come hear the seagulls cry and taste the salty kiss of the ocean's breath. Come see the stacks of lobster traps and the tall silhouettes of a hundred boats, black against the setting sun. Come smell the pungent freshness of a day's catch just in. Come stroll the aged piers and meet the men with weathered faces whose lives are charted by the ocean currents.

In a thousand places where big water meets the land, these farmers of the deep struggle to pull a living from the sea: tuna and mackerel in San Pedro, cod in Boston, shrimp in New Orleans. But for every teeming port, there also are dozens of quiet communities where old men in small boats come home laden from the sea. A lobster trapper in New Hampshire, a purse seiner in Oregon, a trawler in Mississippi.

Amid the waterfront boardwalks and shanties that have seen a century of sea-

Award-winning journalist Gary Turbak specializes in travel articles for this and other general-interest magazines.



NEW YORK TOURISM

FAMILY AFFAIR—New Yorkers stake out a private spot at Montauk Point, Long Island.

Lure of the Sea

sons, you'll find cubbyhole eateries with checkered table cloths and specialties such as she-crab soup, steamed oysters, and caviar from local sturgeon. Come boil crabs on the beach in the evening's glow and watch the fleet come in. Come taste the delights of America's bountiful sea.

And if you want to become a fisherman for a day, charter boats stand ready to bounce you over the waves to where the big ones lie—marlin off Florida, big blues in New Jersey, muskel-

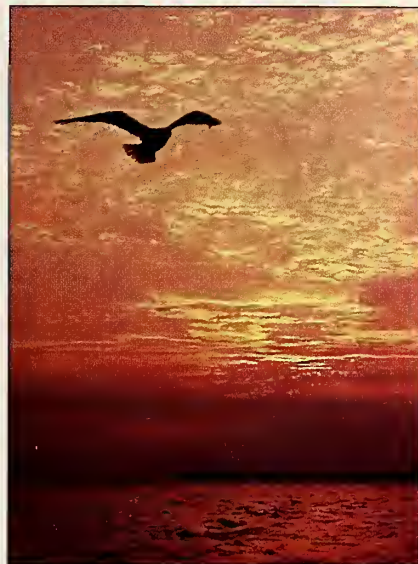
lunge in Wisconsin. You can spear flounder at night in Louisiana, learn the secret of crabbing in South Carolina, and dig clams in the sand of a hundred beaches. Or, if you just want to look, ride a boat out beyond the breakwater to see if the whales are passing by.

Eventually, you'll go away. But if you're like most folks who visit the fishing towns of America, some of the salt will stay with you. And it won't be long before you chart another course to take you down to the sea again. □



CALIFORNIA TOURISM

HARVEST—The day's catch is ready for serving at Fisherman's Wharf, San Francisco.



MICHIGAN TOURISM

RESPITE—Sunset releases the "farmers of the sea" until morning.



MASSACHUSETTS TOURISM

DEEP BLUE CHALLENGE—Anglers head for the big ones off the Florida coast.



CALL OF THE SEA—The sea is a way of life at Rockport, Mass.



NEW YORK TOURISM

FLORIDA TOURISM

FROM THE DEPTHS—Landlubbers though they be, few can resist the fruits of the sea.

Your Unlimited Possibilities



RICHARDS—Olympic Gold Medal Winner.

By Bob Richards

THE fact that we live in the United States of America means the probabilities of our being successful are infinitely higher than if we lived anywhere else. After many, many trips to Europe, Russia, South America—around the world—it dawned on me how great this thing we call American culture really is.

Now, we talk about all our foibles and our weaknesses and sometimes seem to be on this negative bent of just pointing out everything bad in the country.

AN OLYMPIC CHAMPION TELLS WHY AMERICA IS THE LAND OF OPPORTUNITY.

But, if you'll begin to study the great things in this society, you will be stunned at what is here.

When I was a boy, growing up in Champaign, Ill., I used to go over to the stadium and watch the Fighting Illini play football. This was the stadium that Red Grange had made famous. That's all I thought about in terms of the University of Illinois. Here I was born just five blocks from that university with the fifth largest library in the world—and I didn't think about it! Do you know what it takes to build the fifth largest library in the world? How many books it takes? My point is, when you look at the culture around you, you see that our American society is the best in the world!

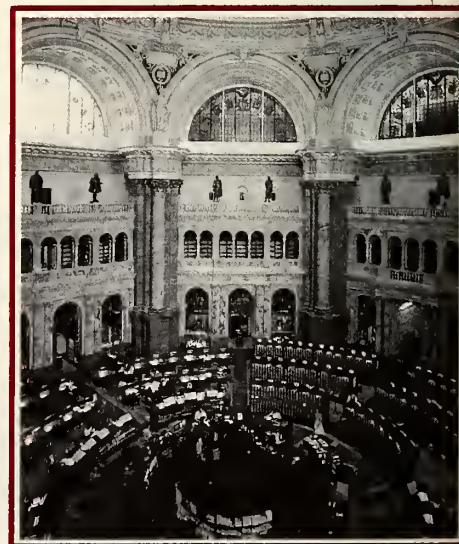
Through my public speaking, I've traveled around America for about 40 years. Speaking to students, I've met great teachers. I've been in homes and seen great parents. I've been in factories and I've seen great business people

Bob Richards won Olympic Gold Medals in pole vaulting in 1952 and 1956, and has since become one of America's great motivational speakers, delivering about 12,000 speeches during the past 38 years.

with energy and ambition. I've been at convention after convention, and I'm amazed at how many great people there are in this country that hardly anyone mentions. We don't talk about our great people. I remember when Jonas Salk found this unbelievable serum that prevented polio, which was the scourge of my childhood. So many people had polio. The story was on the sixth page of the newspaper.

A book I recently read said that 95 percent of all the great scientists of history are still alive and that more than 50 percent of them are in the United States of America! Now, again, we don't hear about these great people.

I have a formula that I would love for some scientist to work out. I would love for someone to take all the schools in America, the trade schools, books, inventive engineers, patents listed in the Patent Office, the factories, the great corporations, the research centers and the scientists and make up a formula as



PATH TO GREATNESS—Americans are blessed with the world's finest libraries.

to the probabilities of greatness that you and I have by living in such a culture, by having all this around us. Do you know the ideal of progress? The ideal of the individual coming up with ideas? This whole thing we call the American Dream, the American psychology? Do you know what it means in terms of greatness for Americans? Greatness is all around us!

We sometimes focus on the negative so much in America that we can't see how fantastic this thing is. But Lord Snow from Great Britain came over and spent three years studying this fantastic thing we call American society. He went back and said that 95 percent of the research being done in the world today is being done in the USA.

I AM convinced that people can be great in our society if they'll just try. I don't know how many times I've walked through a high school where I saw 6-foot-tall, 200-lb. guys. You'd guess by their looks they'd be All-American, or maybe a possible Olympic champion. And yet, you talk to them and they've never played a game, never gone out for a sport, never got on a track. All this power is wasted. There are many people who could be Olympic champions, or All-Americans, who have never tried anything. I estimate 5 million people could have beaten me in the pole vault the years I won.

For those who make the effort, it's absolutely amazing what kids can accomplish in two to three years in the rough, tough arena of terrific competition in the world of sports.

And how do adults take advantage of our great American culture? I will stun you with statistics here. Do you know that if you go home tonight and run around the block, you're in the upper 1 percent of the physical fitness level of this nation? Do you know that if you read a book a month—one book a month—you're in the upper 1 percent of the intellectual level of the world? Do you know if you make \$15,000 a year, you're in the upper 1 percent of the wealth of the world? If we have eyes to see, if we just think in terms of possibilities, it's amazing that it's all around us in America, just waiting to be used, to be taken hold of. There is opportunity all around us if we just use our heads, if we just make an effort!

There's another phenomenon about this fantastic American culture. I go to convention after convention and what do you think is the major emphasis of



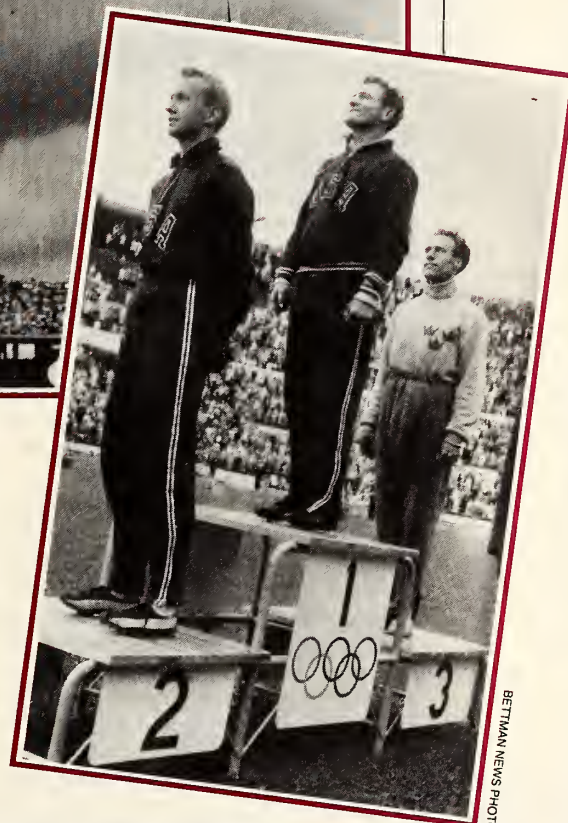
AP/WIDE WORLD PHOTO

PROFILE OF A CHAMPION—Richards, a top motivational speaker today, credits being born in America for the opportunity to amass his long list of accomplishments.

these conventions? The greatest in the business will come and share their ideas, their methods, their techniques with everyone else. I have watched this. I have seen the greatest salesmen in the world; they'll open up and tell young salesmen exactly how they did it. They don't hold back.

I've also found it in the world of sports. I'll never forget when I was trying to break Dutch Warmerdam's record. I was about a foot below him. I called him on the phone and I said, "Dutch, can you help me? I seem to have leveled off—I can't get any higher." Dutch said, "Sure, Bob, come on up to Fresno. I'll give you all I've got!"

I spent three days with the master. In my opinion, he's the greatest pole vaulter in history. I went to Fresno, Calif., and for three days Dutch Warmerdam gave me all his secrets. There were things I was doing wrong and he told me how to hold my leg down and get my hips in and, to make a long story short, I went up eight inches on my vault! That



BETTMAN NEWS PHOTO

great guy gave me the best that he had. I've found that sports heroes and champions willingly do this, as well as the successful business people. And if you can't see them in person, you may share their knowledge in books. Books that we can buy or borrow from our great libraries.

What's Right with America? Our freedom is by far our greatest gift. Our founding fathers had a dream for America, that men would know life, liberty and the pursuit of happiness, so they could exercise their freedom to succeed. A society that offers that is prepared to give all it's got! □

OUR CONSTITUTIONAL DILEMMA

The Right To Know vs. The Need For Secrecy

By Louis M. Kohlmeier

DURING the Civil War, Gen. William Tecumseh Sherman angrily said that newspaper reporters covering the battlefields were "doing infinite harm" by publicizing military secrets. One afternoon Sherman was told by aides that three correspondents had been killed by an exploding shell, and he reportedly replied, "Good! Now we shall have news from hell before breakfast!"

In the century since then, military technology has changed greatly, but there still is angry tension between the need for military secrecy and the freedom of the press to report all the news fit to print and broadcast. During the Korean War, for instance, one U.S. command accused American correspondents of "giving aid and comfort to the enemy." The Vietnam War gave rise to mutual recriminations between the Pentagon and press that still smolder.

Today the conflict is heated by what the press sees as a new Pentagon policy aimed at keeping reporters away from military actions. The controversy began when U.S. forces landed on the island of Grenada in the early morning of Oct. 25, 1983. Television and newspaper reporters were not allowed on the scene. A small pool of reporters was flown to Grenada the next day by military transport. The Pentagon, however, did not

Louis M. Kohlmeier, a Washington-based writer, earned the 1965 Pulitzer Prize for national reporting.



COVERT RAID—Weinberger and Secretary of State George Shultz brief reporters on the secret Libya air raid. Weinberger said that the complicated business of defending the nation, and fear of security leaks, foster the need to maintain secrecy in such operations as the Libya strike and the 1983 U.S. invasion of Grenada.

allow unrestricted press access until the island was secured five days after the landing.

The press complained bitterly about being prevented from covering the Grenada landing firsthand. A committee of television, newspaper and magazine reporters declared that a 200-year old tradition had been broken. It said that "The American press had immediate access to observe . . . every previous extended military engagement since the American Revolution. War correspondents have been the main source of information for a public clam-

oring for news from the battlefields."

Defense Secretary Caspar Weinberger said secrecy was necessary to ensure the success of the Grenada landing. He said the Pentagon also was concerned with the reporters' safety. The administration said no new policy was involved in excluding reporters from Grenada or from the warships and planes that engaged Libyan military and terrorist targets in April 1986. But the administration told newspaper editors they "must understand, where there is an operation where secrecy is so all important, that you give us the right to protect

ourselves against a leak of information.”

The press complained somewhat less bitterly over its exclusion from the Libyan action, probably because the Pentagon promptly and thoroughly briefed the press in Washington on what had happened in Libya. But the Pentagon briefing inspired some new complaints from the media. A *Chicago Tribune* editor claimed the Pentagon had reneged on what the press thought was the Pentagon's agreement after Grenada to allow press pools to cover future military engagements. A *Newsweek* magazine correspondent said the lack of firsthand coverage of the Libyan action “was certainly not in the tradition of war correspondents, which is that the war is best reported from where it's being fought.”

IN the past, when war correspondents were allowed to accompany the armed forces into combat, the conflict between military secrecy and press freedom was resolved in various ways. During the Civil War, for instance, Sherman for a time banished all correspondents from his army, and then allowed some to return. During World Wars I and II, correspondents complained about, but acknowledged the necessity for, military censorship. During those wars, correspondents had to be accredited; the number accompanying troops was restricted; news dispatches often were delayed; and some dispatches never were printed. But World War II surely was the most thoroughly covered war in news history to that time. About 1,600 correspondents reported the war in Europe and the Pacific, and 37 of them were killed. Several dozen reporters landed with the troops at Omaha Beach. A half-dozen flew with the first U.S. aircraft that bombed Rome. One was in the plane that dropped the second atomic bomb.

Noting the need for both military security and press freedom, Weinberger wrote that “The conflict between press freedoms and defense needs is a conflict between two legitimate interests of a democracy—an effective democracy requires informed people. Otherwise, as James Madison warned, popular government risks becoming ‘prologue to a farce or a tragedy, or perhaps both.’ ” But Weinberger also wrote that “In the complicated business of defending this great nation, we



AP/WIDE WORLD

have a very real need to maintain secrecy over a wide variety of information.”

But the conflict between military security and press freedom seems to have become more difficult since World War II. The mutual respect of the media and Pentagon has turned into what could be described as mutual recrimination. The reasons are complex. World War II was fought with widespread popular and press support, but military engagements since then have been different. The relatively limited Korean and Vietnam wars did not enjoy equally solid homefront support, and, perhaps for that reason, there was no comparable military censorship of news from Korea and Vietnam. War correspondents were everywhere at the front and even in enemy territory.

BUT something more happened after World War II. Military security became more sensitive with nuclear and other technologies while, at the same time, television revolutionized the technology of news gathering and distribution. Television was in its infancy during the Korean War, but TV reporting had an unquestionable impact on the homefront during the Vietnam War. Today's communications satellites are technological wonders that enable the press to bring military actions into the nation's living rooms instantaneously from almost anywhere on the

CORRESPONDENTS—In an atmosphere of mutual trust, Gen. Dwight Eisenhower enlightens reporters on a WWII battle plan.

globe. Television, by the same token, seems potentially capable of compromising military secrecy as never before. Yet, according to Eric Sevareid, dean of TV correspondents, some television journalists today really want to take TV cameras into military combat and report wars as they happen.

Vietnam and television's potential in present and future military actions have combined to intensify the clash between press freedom and military security. Sevareid has said that Vietnam is in the background of the mutual recrimination, and that some military people firmly believe that negative coverage of the Vietnam War was responsible for homefront opinion that refused to sup-

Continued on page 52

DILEMMA—The conflict between press freedoms and defense needs is a conflict between two legitimate interests of a democracy.



PHILIPOTT/SYGMA



By Edward Edelson

A CONTROVERSIAL idea is starting to be accepted by experts on obesity: A little middle-aged spread isn't all that bad for you. "Well, I wouldn't put it exactly that way myself," said Dr. Reubin Andres, clinical director of the National Institute on Aging's Gerontology Research Center. "But that's what the data show."

Andres is chiefly responsible for originating the new theory. If he is right, doctors in this country would have to abandon half the adage "You can't be too rich or too thin," a prospect that many of them just can't buy. But Andres' argument is simple: If you look at the studies that match death rates with body weight, the people with the best survival records aren't the thinnest.

Some veteran researchers in the overweight field disagree. "If you look at what catches up with you as you get older—heart disease, arthritis and so on—you get nothing but disaster if you add weight to those conditions," said Dr. Sami Hashem, chief of the Division of Metabolism and Nutrition at St. Luke's Hospital in New York.

What worries Hashem and other obesity experts is that some people might take Andres' proposal as an excuse to put on unlimited pounds. But Andres is careful to point out that lean is better than fat and that the new formula is no license to let yourself go to pot. (In fact, the latest research indicates that your pot is the worst place to put on fat.) His main argument is that there is ample scientific evidence to support the idea that ideal weight tables, like many other medical readings, should be readjusted to account for aging.

His theory got a full professional hearing last February at a national consensus conference on obesity and health sponsored by the National Institutes of Health. Most of the experts assembled

Edward Edelson, a science writer for the New York Daily News, specializes in articles about science and medicine.

—How— MUCH WEIGHT IS ENOUGH?

ILLUSTRATION BY ED SAUK



for the three-day meeting thought he made a good point.

Nevertheless, the panel's final report made only passing mention that "the body mass index of minimum mortality . . . increases with age in a straight-line relationship"—a formal way of stating what Andres proposed. Instead, most of the report was devoted to grim descriptions of the health problems that arise from dangerous obesity, which the panel described as 20 percent more than what is listed in the table of ideal weight.

One problem with that definition is that the current ideal weight tables already are involved in controversy because of recent changes. If you're middle-aged, you grew up with a set of recommended weights that were provided by the Metropolitan Life Insurance Company, working from data on the millions of Americans it and other companies insure.

THE tables first came out in 1942. There was a slight revision in 1959, mostly a change of wording that said the recommended weights were "advisable" rather than "ideal." It was a 1983 revision that started a medical fight.

Looking at reports of weights versus death rates, Metropolitan Life bumped the recommended weights up a few pounds in most categories. The American Heart Association quickly complained, saying that the 1983 weights were too high and that doctors should stick to the 1959 standards.

Andres now is proposing two even more controversial revisions. One is that the existing two tables, for men and for women, should be merged into one. The other is that the recommended weights should go up slightly with age. For example, for a 5-foot-8-inch man, the current table recommends a weight between 137 and 171 pounds, depending on build, no matter the age. Andres said his analysis indicated that a man of that height could weigh as much as 184 pounds in his 50s and 196 pounds in his 60s without increasing his risk of dying.

The experts who agree with Andres point out that the hard statistics on weight and death rates support his thesis. "I think his analysis is quite useful," said Dr. C. Wayne Callaway of the Mayo Clinic, another member of the consensus meeting panel. "It deals with the actual data that exist, instead of lumping everyone together."

One beneficial effect of the new recommendations, Callaway said, would be to get some Americans away from

YOUR IDEAL WEIGHT RANGE					
Height	AGE RANGE				
	20-29	30-39	40-49	50-59	60-69
4'10"	84-111	92-119	99-127	107-135	115-142
4'11"	87-115	95-123	103-131	111-139	119-147
5'0"	90-119	98-127	106-135	114-143	123-152
5'1"	93-123	101-131	110-140	118-148	127-157
5'2"	96-127	105-136	113-144	122-153	131-163
5'3"	99-131	108-140	117-149	126-158	135-168
5'4"	102-135	112-145	121-154	130-163	140-173
5'5"	106-140	115-149	125-159	134-168	144-179
5'6"	109-144	119-154	129-164	138-174	148-184
5'7"	112-148	122-159	133-169	143-179	153-190
5'8"	116-153	126-163	137-174	147-184	158-196
5'9"	119-157	130-168	141-179	151-190	162-201
5'10"	122-162	134-173	145-184	156-195	167-207
5'11"	126-167	137-178	149-190	160-201	172-213
6'0"	129-171	141-183	153-195	165-207	177-219
6'1"	133-176	145-188	157-200	169-213	182-225
6'2"	137-181	149-194	162-206	174-219	187-232
6'3"	141-186	153-199	166-212	179-225	192-238
6'4"	144-191	157-205	171-218	184-231	197-244

ALL HEIGHTS WITHOUT SHOES; WEIGHTS IN POUNDS WITHOUT CLOTHES.
COMBINES RANGES FOR SMALL, MEDIUM AND LARGE BODY FRAMES OF BOTH MEN AND WOMEN.

their obsession with thinness.

"There are a lot of women walking around today who are always dieting," he said. "That produces physical changes that alter their metabolic rate and make them depressed."

But once you get past the generalities, Callaway said, the question of ideal weight has to be dealt with one person at a time. Two men of the same age and same weight might get entirely different advice from a doctor because of their body chemistry, he said.

OBESITY definitely is linked to such dangerous illnesses as stroke, heart disease and diabetes, Callaway noted. "If you have elevated blood sugar, high blood pressure and high blood fats, you should reduce weight gradually. We would call such a person a 'metabolically obese overweight person.'"

"On the other hand, if you come from a family where everyone is large, you've been heavy all your life, have no weight-associated risk factors and are physically active," Callaway said, "I would see no great reason to reduce weight."

Looking at the other end of the scale, Andres said there is no reason for those rare people who have been thin all their lives to start force-feeding themselves. If they stay lean without continual dieting, Andres said, "there's no evidence

that they improve their health or life span by gaining weight."

For the majority of Americans, those who are carrying around some fat, a growing number of experts are saying that it's wise to pay attention to the location of the weight.

"There is an indication that weight in the pot causes more disease and a higher mortality rate than weight in the bottom," said Hashem.

Obesity experts still are trying to establish why fat that settles in hips, buttocks and thighs—the usual pattern in women—is less hazardous than fat in the abdomen and upper body, the standard male distribution. One possibility is that fat around the waist indicates a heavy load of fat in the abdomen, where it can affect internal organs. Researchers are pursuing that line of research because "as we understand more about the ways that men and women deposit fat and why they do so, we will learn more how to prevent obesity-related illnesses."

But when it comes to overall weight, Andres said, doctors should take age into account when they give advice.

"I certainly don't want to advise older people to get into the weight range of the Metropolitan tables," Andres said. "Would you really put healthy older people on diets to reach those weights?" □

Veterans exposed to atomic radiation may regain their right to sue federal contractors for failing to provide safeguards against exposure at nuclear test sites during the 1950s.

Before 1985, these veterans had the right to file class-action suits against federal defense contractors involved in the nuclear test program, but that right was removed as a result of an amendment to the 1984 Defense Authorization Act.

The House passed legislation in May to overturn the amendment, which substituted "the federal government" for the name of any defense contractor identified in the suits. In doing so, the suits were invalidated because, under federal law, former service members are disallowed from bringing suits against the government.

The American Legion has stood alone among major veterans organizations in its support of the new legislation, passage of which does not guarantee lawsuits will be successful, but restores veterans' rights to press claims for damages allegedly caused by negligence by private contractors.

The effort to correct this inequity was given a boost when S.2454, similar to the House-passed measure, was introduced in the Senate. The measure was referred to the Senate Committee on the Judiciary where Chairman Strom Thurmond said hearings will be held soon.

The Vietnam Veterans National Medal has been issued in 1½- and 3-inch sizes and may now be purchased at U.S. mint offices in Washington, Philadelphia, Denver and San Francisco, or by mail order.

The smaller bronze medal costs \$2 over the counter and \$2.25 by mail. The 3-inch medal sells for \$15 over the counter and \$16 by mail.

Mail orders, including checks or money orders payable to the U.S. Mint, should be sent to the U.S. Mint (Medals), P.O. Box 500, Philadelphia, PA 19105.

The American Legion supported legislation to establish the medal as a tribute to the courage and dedication of servicemen and women who served in Vietnam.

The VA home loan program—for the second time this year—has survived a crisis that threatened to bring the program to a halt.

In March, Congress passed legislation to increase the VA's guaranty authority from \$11.5 billion to \$15 billion for FY '86. But the VA began to run short of funds in May, as low interest rates resulted in unprecedented demands by veterans to buy property or refinance older, high-interest mortgages.

The latest VA shortfall was addressed in May when the Senate passed further legislation to increase the VA's guaranty authority to \$30.9 billion. The House was even more generous, proposing legislation to allow open-ended home loan guaranty authority and to exempt the VA home loan program from any automatic Gramm-Rudman-Hollings cuts.

On May 21, however, the House passed the Senate bill, but increased the loan guaranty authority to \$40 billion. The same day the Senate accepted the House amendment and sent the legislation to the president who enacted the measure two days later.

The VA has lost nearly 25 percent of its home loan officers since January—losses resulting from a hiring freeze imposed because of automatic spending cuts last March, early retirements and normal attrition. As a result, many veterans are encountering inordinate delays in processing documents needed to refinance or buy property. If interest rates begin to rise, many veterans will be forced to pay higher rates because of delays caused by VA personnel shortages.

Noting that veterans comprise a large segment of the nation's aging population, Nat'l Cmdr. Dale L. Renaud has asked that The American Legion be included on a special federal task force to examine long-term, health-care policies.

"A significant element of the national population consists of the nation's 24.4 million veterans," Renaud said in a letter to Dr. Otis Bowen, Secretary of Health and Human Services. "Veterans, with their family members and survivors of deceased veterans, make up 46 percent of the total American population."

The task force, to be established by HHS, will make recommendations that promote and develop health-care insurance policies for the aged. Members of the task force will include representatives from federal and state governments, consumer groups and insurance companies. Renaud also requested that VA Administrator Thomas K. Turnage be appointed to the task force.

In his justification for a Legion representative on the task force, Renaud told Bowen that "The American Legion, with a membership of 2.6 million veterans, is the largest of the nation's veterans organizations. It has written, sponsored or endorsed all of the legislation adopted by Congress through the years affecting VA health care." He added that the Legion has health-care professionals and volunteers working in all of the VA's 172 hospitals.

Chances of passing early immigration reform legislation are extremely slim as the House Judiciary Committee again delayed consideration of its version of reform legislation H.R. 3810. Consideration of the bill now is doubtful before mid to late summer.

This unfortunate stalling comes at a time of massive increases in the numbers of illegal aliens pouring across the southern border of the United States. For example, the San Diego border sector has seen a 40 percent increase in the number of illegal aliens apprehended.

Drug traffickers have targeted the uncontrolled U.S. southern border for escalated operations to send millions of dollars in illegal drugs north. During a three-day period in early April, more than 4,200 pounds of cocaine were seized on the Southern California border.

In recent months illegal aliens increasingly turned to violence, attacking a half-dozen Immigration and Naturalization agents before murdering one agent near Sells, Ariz.

The Legion is urging Congress to pass legislation to quickly bring our borders back under control. To do otherwise may cause irreversible consequences for the security and unity of the citizens of the United States.

THE AGING VETERAN

By 2000, the number of veterans who are 65 years of age or older will triple to 9 million. Will the VA be able to meet their health-care needs?



THE photograph in his wallet shows a slender young soldier with a wide grin standing in a line. Today, 49 years later, the grin has given way to wrinkles and only his hair is thin as he stands in another line—a long, gray line of veterans waiting to get their prescriptions filled. Welcome to the year 2000 and your local VA clinic.

That's a close-up of the larger picture, which looms as the greatest challenge ever to the VA health-care system: caring for tomorrow's surging population of aging veterans. By the turn of the century, veterans over the age of 65 will number 9 million; another 4 million will be 75 or older. Together, both age groups will comprise nearly 40 percent of the entire veterans population. Statistics supporting this projection set the median age of the nation's veterans at the end of 1985 at 52.9 years.

Eight states carry veterans populations of more than 1 million, with California in the lead at 2.9 million, followed by New York, Texas, Pennsylvania, Florida, Ohio, Illinois and Michigan. VA statistics show veterans account for 118.2 of every 1,000 persons living in America.

But such numbers have little significance unless they are compared with the demands placed on VA medical care. "The reality is that we can expect the demand to grow," said VA Chief Medical Director Dr. John Ditzler at this year's American Legion Washington Conference. "It cannot be ignored." Currently, the VA turns away 37,000 veterans a month.

How the VA meets these demands will help shape a national policy of care and treatment not for veterans alone, but for all of America's elderly.

A 1984 survey of veterans over the age of 55 showed that 60 percent would turn to the VA for medical treatment if they were qualified. Many already are. However, effective July 1st, veterans over 65 must pass means test requirements to qualify for care.

Enter the paradox. Although the VA is faced with an inevitable rise in health-care demands from aging veterans, spending for VA medical programs has lagged woefully behind other public health-related agencies and the private sector. Between 1975 and 1984, VA spending increased 138 percent, which is less than 3 percent of the federal budget, a rate that pales next to Medicare's whopping 380-percent jump during the same period. Meanwhile, private

medicine increased 323 percent.

Then there's the dismal fiscal policy already in operation under the Gramm-Rudman-Hollings balanced-budget law. The measure will force the VA to cut its spending in medical programs by an estimated \$2 billion before 1991, the year the nation's deficit supposedly will be balanced.

"The irony is that the VA has commendably exercised rigid fiscal responsibility over the years and now it's being penalized for it," said Nat'l Cmdr. Dale L. Renaud.

The statistics, the dollar signs and percentages, the shifting demographics of America's former soldiers, sailors, Marines and airmen funnel down to one fundamental question: *Who will care for the aging veteran in the future?*

THE obvious answer is the VA, whose primary mission is to serve those who have served. Many critics believe that VA medical services should be merged with Medicare or another public health agency. The more vociferous critics have openly called for dismantling the agency. But such bold assertions neglect the unique missions the VA must perform for the nation, which include providing:

- Medical care for those who have been

injured or made ill while serving their country. No other agency is better suited to treat the thousands of veterans exposed to ionizing radiation and Agent Orange, or those suffering from post traumatic stress syndrome.

- *A training ground for health professionals and researchers.* The agency is the largest trainer of doctors, nurses and specialists, with more than 100,000 receiving clinical experience each year. Nobel Prize-winning research also has been developed at VA facilities.

- *A back up for military hospitals during war.* It's the scenario no one wants to see, but the VA is mandated by public law to provide contingency backup to military medical facilities should they be swamped with casualties.

- *Care and research for the elderly.* The VA is at the forefront of geriatrics care and research, which benefits all of America's aging citizens. Such emphasis has helped lay the groundwork for medical breakthroughs associated with the aging process, such as heart problems and Alzheimer's Disease.

ADVOCATES of dismantling the VA health-care system at a time when a significant segment of the veterans population is fast approaching the age of 65, cannot cite cost savings as justification for their stance," Renaud said. If VA care is no longer available, aged, needy veterans would be forced to seek care under Medicare or Medicaid.

Amid budget restraints and other austerity policies, it is unclear what long-range plans the VA is making to care for the increasing population of elderly veterans. The VA has no plans to construct new nursing homes in the coming years, and seems to be relying heavily on private medical facilities to fulfill future needs of nursing care for veterans—a solution the Legion opposes.

In fact, the VA's tendency to depend on the private sector may complicate problems already faced by private nursing homes. Recent estimates project that an additional 1.2 million nursing home beds will be needed by 2000. Thus, two typical 120-bed nursing homes would have to open each day between now and 2000 to satisfy that need, the American Health Care Association reported recently. Currently, there are 19,000 nursing homes providing care to 1.5 million patients throughout the nation. Two of every three patients rely on Medicaid to pay the bills.

The American Legion must continue to remind Americans that care for aging veterans is really a national concern.

What is needed, the Legion contends, is a consistent health-care policy not only within the VA, but also within other public health agencies and the private sector.

"Anything less ignores the clear need to make meaningful long-term planning choices," a Legion spokesman recently told members of the Senate Committee on Veterans Affairs. The Legion said it should be clear that the number of available VA facilities is inadequate, and far more will be required as the line of older veterans needing medical care grows.

VA records show that veterans' use of VA hospitals rises dramatically at the age of 65 and peaks at the "frail elderly group" over age 75. So what does it all mean?

VA planners don't need a crystal ball to tell them that funding must keep pace with the projected increase in services provided.

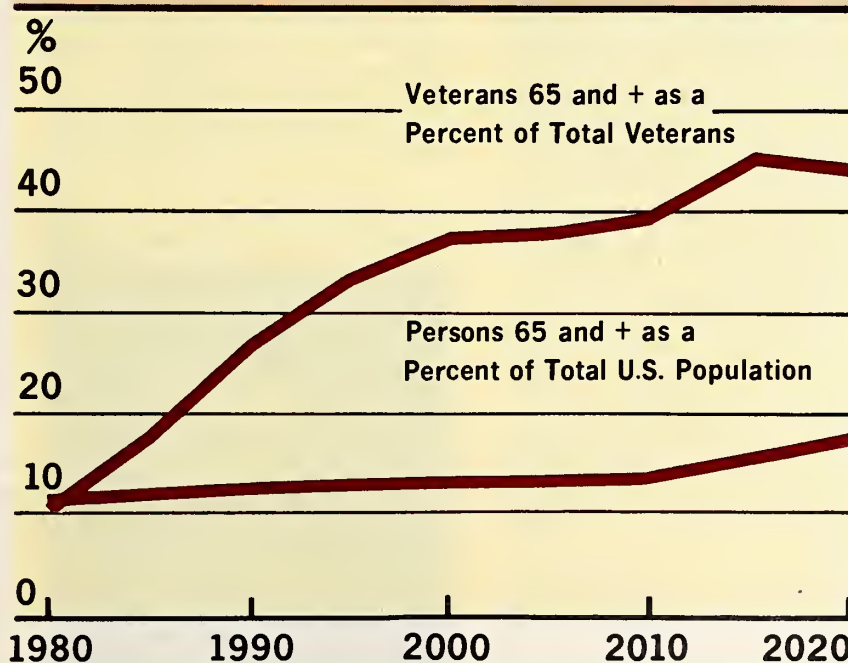
"Continued operation of the VA, like any other public or private health agency, is dependent upon the availability of quality medical care for its patients," said Renaud. "In this regard, the VA has instituted incentives to attract top health professionals to VA facilities to remain competitive with the private sector."

Meanwhile, The American Legion must continue to remind Americans that care for the aging veteran is really a national concern.

"Any improvements in VA care for the elderly that we generate are not exclusive to veterans," Renaud said. "The medical needs of all older Americans cannot be ignored much longer as we round the bend and head for the 21st Century."

One shouldn't have to look down the road too far to see what those needs will be. The gray line grows longer each day. □

Comparison of Aging Trends, 1980-2020



VA'S GERIATRICS RESEARCH TREATS PROBLEMS OF AGING

About 60,000 veterans who suffer from Alzheimer's Disease and other ailments annually receive extended care from VA geriatrics centers.

WHETHER it is a vigil of a 55-year-old stroke victim, or an in-house visit to check the blood pressure of a robust septuagenarian, VA medical care for aging veterans is a complex network of treatment that eludes simple definition.

"We're running a program and range of services that enhance the effectiveness of not only treatment of older veterans, but also, in a much broader sense, society's elderly," said Dr. John H. Mather, the VA's assistant medical director of Geriatrics and Extended Care. Mather stands at the helm of a medical staff that provides care to about 60,000 veterans each year in 117 VA nursing homes, 172 hospitals, 16 domiciliaries and more than 35,000 VA-sponsored placements in state and community nursing homes across the country.

The VA has long been among the leaders within the medical community in treating problems commonly associated with the aging process, especially in such areas as cardiovascular disease and cardiac surgery. In recent years, the VA's cadre of doctors and researchers have probed Alzheimer's Disease, a mysterious neurological malady that kills 120,000 older Americans each year and saps the minds and personalities of hundreds of thousands of others.

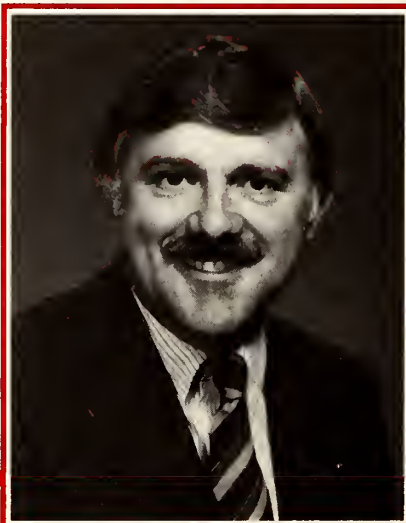
Mather said one of the main channels through which the VA tackles the Alzheimer's riddle is its Geriatrics Research, Educational Clinical Centers. Alzheimer's patients lodged in GRECCs

receive the latest treatment, and researchers get an up-front view of how the disease progresses in victims.

But Mather doesn't view the role of his agency's work as a separate path, distinct from private medicine's role in treating the elderly. "What we have is an integrated link of shared knowledge with groups such as the National Institute on Aging," Mather said. "It strengthens the cadre of research expertise and, in the long-run, it's cost-effective."

INDEED, cost-effectiveness is terminology that requires no explanation to federal agencies such as the VA in light of the spending controls mandated by the Gramm-Rudman-Hollings balanced-budget law. VA's medical care budget, of which Geriatrics and Extended Care is a part, was reduced 1 percent, or \$85 million, for

REASSURING—Mather says the VA will meet the future needs of aging veterans.



the current fiscal year. The reduction will increase to 2 percent in FY '87.

"Actually, the reduction was extremely modest this fiscal year, compared to reductions suffered by other agencies," Mather said. "The proposed budget for 1987 is consistent for what we feel will adequately meet our needs." Mather said projections show that long-term-care services in persons' homes and nursing homes will increase.

"Acute care for the aged increases an average of two- to three-fold after the age of 65," Mather said. "Long-term care increases as much as nine-fold."

By 2000, a third of America's veterans will be 65 or older, with a list of health-care demands for the VA. "Some say the demand for care will increase significantly. That's entirely conceivable," Mather said.

With 2000 a scant 14 years away, and the inevitability that health care demands for elderly veterans will spiral, Mather's division already has taken steps to improve methods of treating an ever-growing woman veteran populace, a group that will comprise 15 percent of veterans over the age of 65.

"The most important change has been in providing privacy for women receiving treatment," Mather said. "We've focused also on the kinds of services for screening and prevention of diseases found in women." For example, VA doctors are now authorized to contract out for special medical services for women, especially in gynecological care. That was the result of a recommendation made by the agency's Advisory Committee on Women Veterans in 1984.

One might tend to think of VA care for the elderly only as a complex system of large facilities and an endless stream of doctors, nurses and therapists, but Mather said care also is geared toward linking needy veterans with community-level services and care. "This could range from (VA-sponsored) nursing homes to programs such as 'Meals on Wheels,'" he said.

It's a coordination of efforts within the VA and the private medical community that makes the "age-old" problem of caring for the elderly one of medicine's greatest challenges of the future. Meeting that challenge will require more links and shared knowledge between the two, Mather said.

Mather's prognosis? "We'll meet the future needs of aging veterans." □

VETERANS HELPING VETERANS

A LIFELONG ATTITUDE

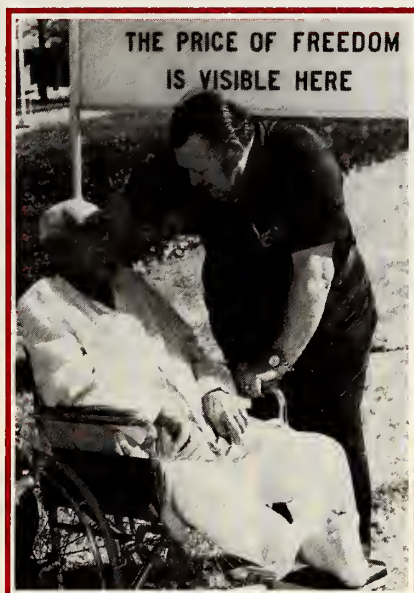
OT'S 8 a.m. and 92-year-old Paul Harley is preparing to make his rounds at the Veterans Administration Medical Center at Des Moines, Iowa. At an age when most folks are marking time on Memory Lane, Harley is discovering new horizons as a hospital volunteer.

Harley and thousands of Legionnaires like him have played a pivotal role in the VA Voluntary Service (VAVS) program since its inception in 1946. Last year, Legionnaires clocked in nearly a million hours at VA facilities and contributed \$1.1 million for program projects. Every day, bluecap-pers across the nation roll up their sleeves and help VA staff members in a number of ways, ranging from performing laboratory work to teaching crafts and hobbies to patients.

But to fully understand what these volunteers do is to reject the myth that they are mere bedpan jockeys, wandering the halls of VA hospitals and doing the unpleasant jobs that most people try to avoid. "The assignments Legion volunteers work in are new and innovative, and they may literally pick and choose areas suited to their skills and expertise," said William F. Lenker, chairman of the Legion's Veteran Affairs and Rehabilitation Commission.

There are more than 150 assignments for which Legionnaires may volunteer. Some of those include patient and career counselor, office clerk, camera operator, admissions aide, gardening instructor and medical library research assistant. Many others are qualified to apply their skills in such areas as nuclear medicine, pathology and other highly technical areas of medicine.

Harley, a member of Post 232, Polk City, Iowa, was honored in 1985 as VAVS Volunteer of the Year. He has donated about 8,500 hours at the 270-bed facility in Des Moines since 1965, "the year the government got my farm



VOLUNTEERS—Legionnaires offer aid and companionship to hospitalized veterans.

and I decided it was time to retire." Every Tuesday and Friday, he drives 25 miles from his home to the hospital to escort patients in wheelchairs and deliver messages and supplies throughout the hospital.

"It's a great thing to help these people," the World War I veteran said. "So many think all you can do here is push a wheelchair and that's it. Well, there's something new every day."

WHILE the notion of veteran helping veteran has great appeal to the VA in achieving its goal of delivering quality health care for veterans, there is a more pragmatic reason why the role of volunteers has become important. Spending controls imposed by the new balanced-budget law have elevated the role of volunteers within the VA system. *A reduced budget means a reduced workforce*, and VA pundits are hoping veteran volunteers such as Legionnaires will pick up the slack.

"We'd have a hard time making a go of it here without our volunteers," said Lee Brown, VAVS chief at the VA hospital in Bay Pines, Fla. "If there's a

need to be filled, we know we can count on the Legion to be in the thick of things to get the job done."

Last year, 88 Legionnaires chalked up 18,741 hours at the Bay Pines center to help make it the top-ranked VAMC in the nation in volunteer hours. Hours volunteered by Legionnaires in 1985 were the equivalent of having nine full-time employees on the Bay Pines payroll.

The days of seeking "make-work" chores to keep volunteers busy are long gone. "We stress quality skills and our volunteers have them," said Kathy Henninger, VAVS chief at the Portland, Ore., and Vancouver, Wash., joint VA facilities. "When our volunteers come in to work, they work."

But for many volunteers, theirs is a labor of love and a strong commitment to their fellow veterans. It's a lifelong attitude that has bonded Kenneth C. Le Huquet and 24 members of Post 284 at Colonial Heights, Va., for several years. The group visits the Hunter-Holmes-McGuire VAMC in neighboring Richmond each Sunday so patients and their attendants may attend chapel services.

"I just appreciate being able to do anything for my fellow veteran," Le Huquet said. And there is an infinite number of rewards from volunteering, he added. "If I were to miss a Sunday, one of the homesteaders at the nursing home would ask the next week, 'Hey K. C., where were you last Sunday?' That means something to me—something I couldn't get if I wasn't a volunteer."

Posts or Legionnaires interested in volunteering their time and skills to fellow veterans should contact the Legion's VAVS representative at the nearest VA facility or the VA Chief of Voluntary Service at the medical centers.

"The need for more Legionnaires to participate in the VAVS program increases daily," Lenker said. "Voluntarism is part of the mutual helpfulness on which the Legion was founded—veteran helping veteran." □



RETIREE'S DREAM—Residents of the California State Veteran's Home—the nation's largest—say it's also the best.

By Phyllis Zauner

LAST autumn when World War II veteran Leonard Burkman sold his house in Paso Robles, Calif., he decided he'd donate the \$30,000 proceeds to the veterans' home where he now lives—because, he said, “the home is my home. I have a place here.”

Leonard's “place” is the California State Veterans' Home in the Napa Valley—a piece of countryside as beautiful as you'll find anywhere. Vineyards stretch for miles in neat geometric patterns, and wild mustard in bloom paints wide yellow swaths through the gnarled vines. It is a retiree's dream.

Rising above this perfect pastoral scene, the veterans' home spreads out on a grassy hillside, its Spanish-style architecture in perfect harmony with the setting.

For Leonard Burkman and 1,400 other California veterans, this is home.

It's the nation's largest state-operated residential facility for disabled veterans, and it is one of the best. But it is not unique.

Phyllis Zauner, a frequent contributor to this magazine and author of more than 400 articles, writes on social issues in America.

AT HOME IN VETERANS' HOMES

Thirty-four states have established similar homes for veterans with health problems. Large or small, new or old, they provide a place of refuge when old age or infirmity hampers the ability to make a living or manage alone.

Most of the residents are veterans of World War II, a few are of World War I. Some—maybe 15 percent—are from the Korean and Vietnam wars, even post-Vietnam. And women represent about 10 percent of the total.

Eligibility requirements in each state are similar, with slight variations:

- State residency (now or at the time of induction).
- Honorable discharge (sometimes restricted to wartime service).
- A disability.

Medical care is on three levels:

• For those who are self-sufficient and self-directed but need medical supervision, there is “domiciliary care”—a chance to live in a healthful environment, lead productive lives and form friendships.

• For those who need bed rest, but otherwise can function independently, there's nursing home care.

• For those acutely ill, skilled nursing and hospital care are available on the grounds or at a nearby VA medical center.

Within that framework, however, there is some divergence in administering programs.

The California facility is more progressive than some. When the home opened in 1884 it was operated along quasi-military lines, with a good bit of

marching in formation to the mess hall and elsewhere. Today it resembles a modest country club with swimming pool, billiard room, bowling alley, a theater for concerts and movies, frequent dances, a well-stocked library and enough activities to wear down the hardest. Buses make frequent trips to the village and beyond, and some members use bikes to explore on their own. Wheelchairs are everywhere in evidence, but motorized wheelchairs are discouraged as being too passive.

THERE's a wide range of medical services here, too, including a 300-bed hospital. But emphasis is strong on the domiciliary aspect.

In other states the situation can be different. In Illinois, for instance, 70 percent of new applicants require skilled nursing. Although 346 domiciliary units are available, many are unused.

At the Michigan Home in Grand Rapids, the same trend prevails. It's a lovely, park-like, 92-acre campus fronting a river. But of 200 domiciliary units available, 40 usually are unfilled. Skilled nursing service, on the other hand, has a waiting list.

Some of this apathy toward using domiciliary units may exist because veterans' home buildings in some states are aged, with eight-to-a-room dormitories and little privacy—conditions that are less than adequate by modern standards. Some of the buildings were constructed in the 1880s when state veterans' homes were first established following the Civil War. Ohio, for one, still houses some men in the original limestone Cape Cod cottages erected in the 1880s.

New construction projects are under way in some states, Ohio included. Ohio is expecting to increase its veteran population by 300. California has embarked on a \$53 million project to build a new hospital and replace the present domiciliary dormitories with private rooms.

A major portion of the construction cost is borne by the Veterans Administration, which contributes up to 65 percent. The VA is also engaged in some construction projects of its own on the 16 facilities in the system that feature domiciliary care. The goal is to reduce population in some homes and replace it elsewhere, closer to the veterans who need help, and closer to metropolitan centers.

All of the domiciliary units in the VA system are associated with VA hospitals except White City, Ore., the only free-standing unit—and that one is a star.

"There's a changing attitude here toward veteran care," said Ron Porzio, chief of Volunteer Services at White City. "Instead of just running an 'old soldiers home' we're working toward rehabilitating veterans to become independent, productive persons. We're coming up with programs that interest them and get them involved with the community. Our attitude is that some illnesses associated with old age don't necessarily have to be. When life holds no stimulation, the body declines; the more enthusiasm, the healthier. We're sending out letters to service organizations, telling them about our views, and they're helping with good ideas."

One idea that really caught on last summer was sparked by a notice that Little League needed umpires. Porzio said he thought he could offer some help. "The turnout was terrific. The men seemed to have a natural affinity for young people." Someone donated umpire uniforms and the excitement mounted. When the season was over, Little League presented the umpires with trophies. "Now the men want to sponsor a team with the provision the kids play two games a week here."

WHITE City works on a treatment-team concept. Each patient is assigned a physician, psychologist, nurse, rehab therapist and dietitian, with a goal to help him become independent. Eventually, when it looks as though he's ready for discharge, he can move into one of six new apartments for four months to learn the skills of living independently—personal, financial and leisure management—before his discharge.

All of this is free to the veteran.

State facilities, however, do make a charge based on the veteran's income. Typically, a veteran with \$400 social security might pay \$120 to \$275. A maximum of around \$600 to \$900 would be charged for high-income veterans, while those with minimal income pay nothing.

For this the veteran receives room and board, medical care, professional services and most recreational facilities. Where "couples housing" is available, a veteran's wife may live with him, paying the maximum fee.

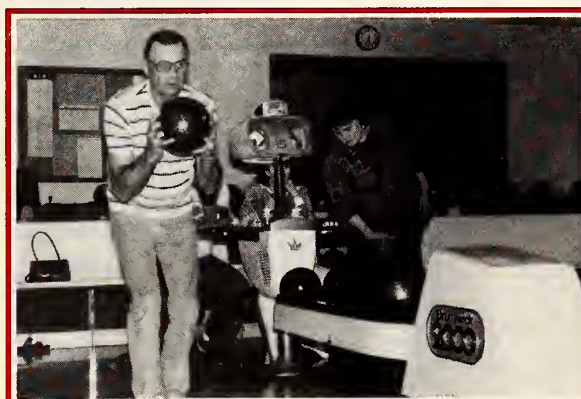
To supplement these modest fees, VA contributes half the cost of care (subject to limits)—a practice that began in 1888 shortly after states built the first homes, when the federal government contributed \$100 a year toward care. Plainly, \$100 went further than it does now.



EAGLE COUNTRY—Exercise is encouraged at White City, Ore.



TABLE TALK—Socializing enhances health care at Charlotte Hall, Md.



SPARE TIME—Recreational therapy is a mainstay at the California home.

In most state homes, members are encouraged to work and are paid modestly. In Connecticut, in fact, all able-bodied veterans are assigned to a particular task as part of the therapy. "Many men come here with living skill problems," said spokeswoman Tricia Dauria. "Some have drug or alcohol problems, many are divorced and have no family. They just can't seem to get it together on their own. The work pro-

Continued on page 49

OUTFIT REUNIONS

Guidelines—Outfit Reunion notices are published for Legionnaires only and must be submitted on official forms. To obtain forms, send a self-addressed, stamped envelope to: O.R. Form, THE AMERICAN LEGION MAGAZINE P.O. Box 1055, Indianapolis, IN 46206. Notices must be received at least seven months before reunions are scheduled and will be published only on a first-come, first-served basis.

Army

1st Spec. Serv. Force (Aug-Helena, MT) Force Assoc. HQ, 11815 Quarter Horse Ct, Oakton, VA 22124 (703) 620-5990

3rd Arm'd Div. Assoc. (Sept-Louisville, KY) W. D. Caillone, 2400 Hyman Pl., New Orleans, LA 70114 (504) 392-1938

4th Inf. (IVY) Div. Assoc. (July-Hot Springs, AR) Dennis Gray, 3303 N. Robinson Rd., Texarkana, TX 75501 (214) 838-9874

5th Arm'd Div. (Midwest) (Sept-Grand Island, NE) James Burrell, 9245 NW Rochester, Topeka, KS 66617 (913) 288-1534

7th Cav. Rgt HVM Co. (Japan 1949, Korea 1950) (Aug-Columbus, OH) Jack Couch, 5144 15th Ave. So., Minneapolis, MN 55417 (612) 822-6622

7th Inf. Div., 32nd Reg., "F" Co. (WWII) (Aug-Coon Rapids, MN) Clint Davis, 644 W. Main St., Boatsburg, PA 16827 (814) 466-6917

9th Arm'd Div. MP Plat. (WWII) (Aug-Bloomfield, IA) Wilson Hartman, Rt. 8, Box 170, Bloomfield, IA 52537 (515) 664-3786

9th F.A. Bn. (WWII) (Sept-Albert Lea, MN) Roy Purdy, Rt. 2, Box 3-S, Alden, MN 56009 (507) 874-3190

11th Arm'd Div. (Aug-Teaneck, NJ) Alfred Pfeiffer, 2328 Admiral St., Aliquippa, PA 15001 (412) 775-6295

11th Eng. Com. Bn. & Reg. (Sept-Bushkill, PA) A. B. Harward, 523 College Dr., Raeford, NC 28376 (919) 875-4809

13th Arm'd Div., 24th Tank Bn. (Sept-St. Louis) Thomas Stanton, 288 Imperial Dr., Hazelwood, MO 63042 (314) 731-5742

15th, 17th Cav. (WWII) (Sept-Biloxi, MS) Wiley Cauthern, 34 Davis Bayou Dr., Ocean Springs, MS 39564 (601) 875-5821

17th Sig. Oper. Bn. (WWII) (Aug-Reading, PA) E. F. Hofmeister, 710 Crown Ave., Scranton, PA 18505 (717) 346-9255

20th Arm'd Div. Trains-HQ (July-Cincinnati) John Keefe, 164 Wood Gate, Paoli, PA 19301 (215) 647-1321

21st Avn. Eng. Regt. (Aug-Carlisle, PA) Calvin Eckert, 305 Meadow Trail, Dillsburg, PA 17019 (717) 766-6511

24th Inf. Div. (Aug-Los Angeles) Kenwood Ross, 120 Maple St., Springfield, MA 01103 (413) 733-3194

29th Inf. Div. (WWII) (Aug-Roanoke, VA) Norman Elmore, 835 Dexter Rd., Roanoke, VA 24019 (703) 366-6575

35th Div. 137th Regt., Co. "H" (July-Ottawa, KS) A. J. Trahan, Rt. 2, Box 268, Couthatta, LA 71019 (318) 932-4757

35th Field Hosp. (Sept-Colorado Springs, CO) Milton Janek, Rt. 2, Box 147A, Wausaukee, WI 54177 (715) 856-5905

37th Div. Vets. Assoc. (Aug-Youngstown, OH) 37th Div. Vets. Assoc. HQ, 65 So. Front St., Rm. 707, Columbus, OH 43215 (614) 228-3788

38th Ord. MM (WWII) (Sept-Minaqua, WI) Roy LaFrenier, Rt. 1, Box 4, Minaqua, WI 54548 (715) 356-5754

40th Com. Eng. (Natl. Assoc.) (Aug-San Diego) George Weiler Jr., 1753 Tamarack St., So. Milwaukee, WI 53172 (414) 764-4697

40th Inf. Div. (Korea) (Sept-Catskill Mtns., NY) Ed Lown, 210 Highland Ave., Maybrook, NY 12543 (914) 427-2320

50th AAA-AW-Bn. (SP) (Korea) (Sept-Sandusky, OH) Gene Ross, 530 Race St., Clyde, OH 43410 (419) 547-8839

50th Gen. Hosp. (WWII) (Aug-Burlington, NC) James Mundy, Box 642, Graham, NC 27253 (919) 226-5220

54th Sig. Bn. (WWII) (Aug-Covina, CA) Robert Hardwick, 17350 Temple, #39, LaPuente, CA 91744 (818) 964-6710

54th Med. Bn. (WWII) (Sept-Jamestown, NY) Roy Hoekstra, Rt. 1, Box 32, Barnsville, MN 56514 (218) 493-4255

64th Chem. Depot Co. WWII (Oct-Bellefonte, IL) Norman Hoff, 1614 Muren Blvd., Belleville, IL 62221 (618) 234-4289

70th Gen. Hosp. (Aug-St. Louis) Wini Jeep, 336 Hazel Ave., Webster Groves, MO 63119

82nd Airbn. Div. (Aug-Buffalo, NY) Bernard McGonagle, 165 Cedargrove Cir., Cheektowaga, NY 14225

88th Inf. Div. (Aug-Montreal, Can.) C. W. Waters, Box 925, Havertown, PA 19083 (215) 533-9170

89th Cav. Recon. Sq. Mech. 9th Arm'd Div. (Sept-Wichita, KS) Roy McLemore, 6717 E. 13th St., Wichita, KS 67208

95th Med. Gas Treatment Bn. (Aug-Toledo, OH) Walter Gantz, 829 Palm St., Scranton, PA 18505 (717) 347-9354

99th Inf. Bn. (Norwegian Ski Grp.) (Sept-Fargo, ND) Owen Voxland, 1608 15th St. So., Moorhead, MN 56560 (218) 233-6365

99th Sig. Bn. (Sept-Kansas City, MO) Robert Owsley, Box 286, Preston, MO 65732 (417) 722-4424

100th Inf. Div. Assoc. (Sept-Downingtown, PA) Anthony Tom, 25 Luanne Rd., Stratford, CT 06497 (203) 377-2894

101st Airbn., "C" Bat., 37th Parach. F.A. Bn. (Oct-Sharon, PA) Ernest Koss, 406 Thornton Ave., Sharon, PA 16146 (412) 981-7264

103rd Div. (WWII) (July-Flint, MI) Rev. Harvey Ellsworth, 8260 Moreland, Jerome, MI 49249 (517) 688-9249

106th Rec. Trp., 106th Inf. Div. (Aug-Madeira Beach, FL) William Randall, 560 Pine St., Apt. I-4, Royersford, PA 19468 (215) 948-7387

112th Sta. Hosp., 263rd Gen. (Calcutta) (Sept-Carlisle, PA) Keith Straight, 1521 So. 29th St., LaCrosse, WI 54601 (608) 788-0461

113th AAA Gun Bn. (WWII) (Aug-Milwaukee, WI) Donald Roberts, Rt. 1, Box 222, Richville, MN 56576 (218) 495-3303

113th Ord. Co. M.M. (Sept-St. Louis) Edgar Breuer, 9501 Breuer Dr., St. Louis, MO 63123 (314) 631-0488

120th AAA Gun Bn. (WWII) (July-Akron, OH) Robert Jones, 3340 Timmy St., N.W., Uniontown, OH 44685 (216) 699-4244

120th Ord. Co. M.M. (Aug-Astoria, OR) Robert Hanberg, 644 31st St., Astoria, OR 97103 (503) 325-1666

121st AAA, 122nd AAA, 421st F.A. Bn. (Sept-Eureka Springs, AR) Ray Barnett, 218 So. Garrett, Siloam Springs, AR 72761

138th, 198th F.A. Bns. (WWI, WWII, Korea, Vietnam) (Aug-Louisville, KY) Lynn Raque, 3733 Mamaroneck Rd., Louisville, KY 40218 (502) 458-9057

142nd Ord. H.M. Co. (Aug-Toledo, OH) Louis Nagy, Box 10355, Decant Rd., Curcio, OH 43412 (419) 836-9560

148th Inf. Vets. (Aug-Port Clinton, OH) Robert Albright, 428 5th St., Toledo, OH 43605 (419) 693-0481

157th Eng. Comb. Bn. (WWII) (Aug-Wilkes-Barre, PA) Roland Clayton, 912 Log College Dr., Warminster, PA 18974 (215) 675-0752

224th Airbn. Med. Co., 17th Airbn. Div. (Aug-Pekin, IL) Edmund Wientczak, 9313 David Rd., Garfield Hts., OH 44125 (216) 341-0695

235th F.A. Obsrv. Bn. (Aug-Madison, WI) Jack Barber, 504 Crestview Dr., Madison, WI 53716 (608) 222-2705

245th Trans. Co. (Finthen) (Aug-Detroit) William Blake, 20905 Greenview, Southfield, MI 48075 (313) 569-5052

247th F.A. Bn. Serv. Bat. (Sept-Fayetteville, NC) Melvin Sandy, Rt. #2, Box 81, Stephens City, VA 22655 (703) 869-4331

292nd JASCO (Sept-Louisville, KY) Bill Keating, 8507 Old Shep. Rd., Louisville, KY 40219 (502) 969-0345

296th Eng. Comb. Bn. (Sept-Braintree, MA) Gene Masone, 11 Bellvale St., Malden, MA 02148 (617) 324-5938

357th AAA Sit. Bn. (Aug-Indianapolis) P. J. O'Hara, 8212 Kennedy Ave., Highland, IN 46322 (219) 923-0871

383rd Anti-Tank, 96th Inf. Div. (Sept-Jonesboro, AR) Clay Joiner, 928 1/2 Elm St., Bowling Green, KY 42011 (502) 842-3878

389th F.A. Bn., (All Batteries) 97th Div. (WWII) (Sept-Springdale OH) Joe Newbauer, Rt. 3, Box 3668F, Grayling, MI 49738 (517) 939-8938

390th Sig. Co. AVN (WWII) (Sept-Virginia Beach, VA) Harry Aivalotis, Box 138, Belle-Vedere, Rd. #4, Wheeling, WV 26003 (304) 242-0046

392nd AAA AW Bn. (Aug-Newton, IA) Donald Starr, 1406 Roosevelt St., Knoxville, IA 50138 (515) 842-5082

436th AAA AW Bn. (WWII) (Aug-Athens, GA) Billy Nixon Sr., Rt. #2, Box 120-H, Athens, GA 30607 (404) 549-5399

437th MPs (WWII) (Aug-Evansville, IN) Al Cook, Box 276, New Harmony, IN 47631 (812) 682-3026

464th AAA AW Btry "B", (Sept-Carlisle, PA) James Monaghan, Rt. 6 Box 318, Uniontown, PA 15401 (412) 437-1649

537th QM, 3219th Serv. Co. (Aug-Chicago) Robert McCormick, 180 Hollywood Blvd, Xenia, OH 45385 (513) 372-7280

554th AAA AW Bn., Anti-Aircraft (Aug-Manchester, TN) Fred Lab, 10101 Burnt Store Rd., Lot #23, Punta Gorda, FL 33950 (813) 637-7148

559th AAA AW Bn. (WWII) (Oct-Wildwood, NJ) Herman Ledger, 1931 Ruan St., Philadelphia, PA 19124 (215) 537-5812

661st TD Bn. (Aug-Pittsburgh) William Beswick, Box 576, West Point, VA 23181 (804) 843-2696

701st MP, Co. "B" (WWII) (Aug-Waverly, IA) L. S. Shahan, 713 N. Main, Mt. Pleasant, IA 52641 (319) 385-4778

712th Tank Bn. (Sept-Greensboro, NC) Ray Griffin, Box 22, Aurora, NE 68818 (402) 694-2890

736th Med. Tank Bn. (Sept-Reno, NV) Les Springmayer, 1645 Shangri La Dr., Reno, NV 89509 (702) 322-7139

749th AAA Gun Bn. (Sept-Bushkill, PA) Art Gibson, 7730 Hartman Rd., Wadsworth, OH 44281

764th Rwy. Shop Bn. (Aug-Mansfield, OH) Louis Golia, 629 Sara Lane, Verona, PA 15147 (412) 793-2938

792nd AAA AW Bn. (WWII) (Aug-Bangor, ME) Henry Noonan Sr., Box 3, Levant, ME 04456 (207) 884-8125

802nd Engr. Assoc. (Aug-Omaha, NE) Raymond Griffith, Rt. 3, Box F-433, Cooper Lane, Chester NJ 07930 (201) 879-5687

805th TD Bn. (Sept-Harrisburg, PA) Willard Hunt, Box 452, Danville, KY 40422 (606) 236-6371

813th AVN Engr. Bn. (Aug-St. Croix Falls, WI) Melvin Loney, Rt. 2, St. Croix Falls, WI 54024 (715) 483-3700

820th Engr. AVN Bn. (Aug-LaGrande, OR) Bill Leggett, Rt. 1, Box 99, Haines, OR 97833 (503) 856-3476

842nd AVN. Engr. (Aug-Moundville, WV) Carl Hovath, 314 2nd Ave., Glendale, WV 26038

871st Engrs. (Sept-Independence, MO) Floyd Taylor, 2504 Queen Ridge Dr., Independence, MO 64055 (816) 254-3624

882nd Ord.Co. (Sept-Clackamas, OR) Bob Bisenius, 2804 E. 28th St., Vancouver, WA 98661 (206) 693-5420

884th Ord. (HAM) Co. & "K" Co., 3rd Bn., 55th QM (HAM) (WWII) (Aug-St. Louis) Harry Kirk, 17 Washington Blvd., Chester, IL 62233

893rd AAA AW Bn. (WWII) (Sept-Hudson, NY) Walter Kurzya, 11 Sallyann Dr., Trumbull, CT 06611 (203) 268-3686

988th Treadway Bridge Co. (Sept-Philadelphia) Charles Komelasky, 1026 Gravehill Rd., Southampton, PA 18966 (215) 355-2295

1021st Engr. Treadway Bridge Co. (July-Baltimore) Carville Link, 1260 Locust Ave., Baltimore, MD 21227 (301) 242-5338

1057th Engr. (July-Seattle) James Hall, 931 E. Maclyn, Kent, WA 98031

3094th QM Refridg. Co., (Fixed) (Sept-Richmond, VA) Ralph Orcutt, 4409 Newport Dr., Richmond, VA 23227 (804) 264-8427

3940th QM Gas Supply Bn. "D" Co. (Sept-Stone Harbor, NJ) Thomas Ryan, 1709 Dune Dr., Avalon, NJ 08202 (609) 368-3547

"A" Co., 850th Engr. AVN Bn. (Sept-Niagara Falls, NY) Merton Marshall, 5446 Elm Dr., Lewiston, NY 14092 (716) 297-0382

"B" Bat., 198th AAA (Sept-Lake George, NY) Merton Bickford, 822 Ethan Allen St., Fort Edwards, NY 12828

"B" Bat., 467th AAA AW Bn., SP (Aug-St. Louis) Ralph Steinhoff, 4906 Howard St., Skokie, IL 60077 (312) 675-5327

"B" Co. 2nd Sig. Bn. (Sept-Menomonee Falls, WI) Louis Schmidt "W. E. Hook, Box 161, Goodland, IL 33933 (813) 394-7112

"B" Co. 133rd Inf., 34th Div. (Aug-Waterloo, IA) Richard Smith, 705 Hartman Ave., Waterloo, IA 50701 (319) 232-1291

"B" Co. 323rd Inf., 81st Div. (Sept-Sedalia, MO) Francis Haynes, Racket Star Rt., Box 221, Warsaw, MO 65355 (816) 438-6295

"B" Co., 1631st Engr. Const. BH (Aug-Garfield Height, OH) Charles Poulos, 9314 Garfield Hts., Cleveland, OH 44125 (216) 641-7406

"C" Co., 776 Amph. Tank Bn. (Sept-Manhattan, KS) Francis Delzeit, 111 Kansas, Wathena, KS 66090 (913) 989-4755

"C" Troop, 36th Cav. Recon Sq. (Sept-Redding, PA) Orrin Toftoy, 329 West Park Ave., Aurora, IL 60506 (312) 897-0459

"D" Co., 87th QM Bn., 3488th Ord. Co., 100th Ord. Co., (WWII-ETO) (Sept-Branson, MO) Emerson Mester, 1245 Hoff Dr., St. Clair, MO 63077 (314) 629-2038

"D" Co., 179th Inf., 45th Div. (WWII-Korea) (Aug-Norman, OK) Ray Wall, 8508 S. Ross, Okla. City, OK 73159 (405) 681-5945

"E" Co., 172nd Inf., 43rd Div. (Sept-Hummelstown, PA) Elmer Nisley, 13 W. Main St., Hummelstown, PA 17036

(717) 566-2023
"F" Co., 39th Regt., 9th Inf. Div. (Sept-Louisville, KY) Red Crail, 321 Frazier Dr., Pittsburgh, PA 15235 (412) 823-0486
"G" Co., 28th Inf. Reg., 8th Div. (WWII) (Aug-Memphis, TN) Phil Emerson, Box 306, Hernando, MS 38632 (601) 368-6403
"H" Co., 134th Inf. (ETO) (Sept-Grand Island, NE) Frank Thompson, Rt. 5, Lincoln, NE 68524 (402) 470-2573
"L" Co., 142nd Inf., 36th Div. (Aug-Breckenridge, TX) Maurice Baggett, Box 1402, Breckenridge, TX 76024 (817) 559-2587
"L" Co., 302nd Inf. (Oct-Henryville, PA) Charles Misner, 216 Bombay Ave., Westerville, OH 43081 (614) 891-4357
HQ Bat., 1/121st Arty. Army Natl. Guard (Berlin Crisis) (Aug-River Falls, WI) Lorin Frey, 120 N. Pearl St., River Falls, WI 54022 (715) 425-6326

Navy

Asiatic WWII Submarines: S-36, S-37, S-38, S-39, S-40, S-41 (Aug-Baltimore) Allyn Christopher, 4323 S.W. Cloverdale, Seattle, WA 98136 (206) 932-1546
Assoc. of Minemen (Aug-Charleston, SC) Assoc. of Minemen, Box 71835, Charleston, SC 29415 (803) 553-1450
Naval Minewarfare Assoc. (Aug-Reno, NV) H. H. Stettler, 3604 Greenleaf Dr., Santa Rosa, CA 95401 (707) 545-8626
PATSU 1-7 (Aug-Amarillo, TX) C. S. Sjogren, Box 505, Olton, TX 79064 (806) 285-3154
P. T. Boaters (Aug-Portland, OR) Donald Rhoads, Box 109, Memphis, TN 38101 (901) 272-9980
Spec. Augmented Hospital (S.A.H.) #7 (Sept-St. Paul, MN) William Rodenkirchen, 1600 Hartford Ave., St. Paul, MN 55116 (612) 699-6161
5th N.C.B. (WWII) (Sept-Rapid City, SD) Laurence Terry, 5307 Maryman Rd., Louisville, KY 40258 (502) 937-8921
21st N.C.B. (Aug-Concord, CA) Alfred Shelton, 40 N. Lee Ave., #34, Oakdale, CA 95361 (209) 847-6782
33rd N.C.B. (WWII) (Sept-Hyannis, MA) Leo Burke, 15 Spring Park Ave., Jamaica Plain, MA 02130
35th N.C.B. (Sept-Rochelle Park, NJ) Phil Silver, 924 Stafford Ct., Westbury, NY 11590 (516) 334-3424
50th N.C.B. (WWII) (Sept-Ft. Mitchell, KY) Joseph Riegler, 3414 Doris Circle, Erlanger, KY 41018 (606) 341-4143
70th Bat. N.C.B., 1005/1006 Det. 578-579 CBMU (Aug-Indianapolis) R. J. Phillips, 304 W. Adams St., Tipton, IN 46072 (317) 675-6354
USS Anzio CVE-57 (Sept-Carson City, NV) Paul Swander, 1741 N. 10th St., Terre Haute, IN 47804 (317) 234-3654
USS Appalachian (Sept-Reno, NV) Basil Blodgett, Rt. 1, Box 216, Mt. Vernon, OR 97865 (503) 932-4915
USS Ashtabula (Aug-Baltimore) Thomas Arthur, 135 Dumbarton Rd., Baltimore, MD 21212 (301) 377-6780
USS Baham AG-71 (Aug-Nashville, TN) Dominic Andreano, 54 Roosevelt, Inwood L.I., NY 11696 (516) 239-3540
USS Banner APA-60 (Sept-Houston) John Conway, 1243 Welton Way, Inglewood, CA 90302 (213) 677-4700
USS Beale DD/DE-471 (Aug-Vincennes, IN) Roger Gil- igham, 15 S. E. 7th St., Washington, IN 47501 (812) 254-6376
USS Catskill LSV-1 (WWII) (Sept-Denver) R. L. Beckius, 7136 Inca Way, Denver, CO 80221 (303) 429-9622
USS Corson AVP-37 (Sept-Albuquerque, NM) John White, 2901 Rhode Island, N.E., Albuquerque, NM 87110 (505) 765-2454
USS Culebra Island ARG-7 (Sept-Chicago) Ed Wind, 473 N. Ardmore, 1-E, Villa Park, IL 60181 (312) 834-5335
USS Galard DD-706 (Aug-Norfolk, VA) Cecil Kendrick, 720 Hemlock Crescent, Virginia Beach, VA 23464 (804) 495-1708
USS Gatling DD-671 (Sept-Des Moines, IA) Harry Hawkins, Rt. 1, Box 356, Bushnell, IL 33513 (904) 793-4336
USS Gen. W. A. Mann AP-112 (Sept-Boston) Gerald Bligh Jr., 54 Fern View Ave., Apt. 2, N. Andover, MA 01845 (617) 685-1628
USS Hancock CV-CA-19 (Sept-Chicago) Charles Boyst, 1801 West Bend Ct., Clemmons, NC 27012 (919) 945-9264
USS Haynsworth DD-700 (Aug-Providence, RI) Martin Maloney, 9 Windsor St., Worcester, MA 01605 (617) 754-4190
USS Henley DD-391 (July-Portland, OR) Roy Anglen, Box 3, Hume, IL 61932 (217) 887-2372
USS Holder DDE-819 (Aug-Euclid, OH) Jim Churchfield, 1786 Ridgewick Dr., Wickliffe, OH 44092 (216) 943-5417
USS Pres. Jackson APA-18 (Aug-San Diego) John Finnegan, 62 Kuhl Ave., Hicksville, NY 11801 (516) 935-3711
USS Kames APA-175 (Sept-Baltimore) Edward Quinn, 2412 Woodcroft Rd., Baltimore, MD 21234 (301) 668-7011
USS Kidd, Dest. Sq. 48 (Aug-Hartford, CT) Budd Peck, Box

224, Abington, CT 06203 (203) 974-1333
USS Kimberly DD-521 (Sept-Orlando, FL) Arthur Forster, 2312 Nela Ave., Orlando, FL 32809 (305) 855-5625
USS Lamson DD-367 (Sept-LaCrosse, WI) Ray Duley, Heritage Sq #L-3, Mission, TX 78572 (512) 581-4632
USS LCI (G)-450 (Sept-Eiroy, WI) Wallace Brady, Rt. 2, Box 29D, Eiroy, WI 53929 (608) 462-5340
USS Leardy DD-879 (Radar Crew) (Sept-St. Louis) Wm. Locklar, 224 Sierra, St. Peters, MO 63376 (314) 441-2839
USS Leonard F. Mason DD-852 (Aug-Houston) Roy Powell, 311 Windsor Sq., Alvin, TX 77511 (713) 331-2451
USS Louisville CA-28 (SSN-724) (Sept-Salt Lake City) James Hamill, 819 W. Charles St., Plano, IL 60545 (312) 552-3991
USS LSM 202 (Sept-Chattanooga, TN) Eugene Baker, 1809 Glenroy Ave., Chattanooga, TN 37405
USS Lyon AP-71 (July-Pattersonville, NY) Jack Mapel, 1818 Sloan Ave., Latrobe, PA 15650 (412) 537-2702
USS James O'Hara APA-90 (July-Erie, PA) Frederick Momeyer, 537 Zephyr Ave., Erie, PA 16505 (814) 833-0621
USS PC-793 Assoc. (Aug-Portland, ME) Joseph Wilkinson, 461 Lawrence Switch Rd., Rt. #4, Jackson, TN 38305 (901) 422-5795
USS Preston DD 795 (Aug-Lancaster, PA) Fred Ritter, Rt. #4, Box 498, Easton, PA 18042 (215) 253-1319
USS Polaris AF-11 (Sept-Philadelphia) Dick Richards, 22 W. Windemere Terrace, Lansdowne, PA 19050 (215) 626-6602
USS Redfin SS-272 (Aug-Baltimore) Paul Grant, 1437 S. E. 21st Lane, Cape Coral, FL 33904 (813) 574-1437
USS Sallnas (Sept-Panama City, FL) Otis Kirkland, 907 1st Ave., Dothan, AL 36301
USS Salt Lake City CA-25 (Aug-Philadelphia) Myron Varland, 458 Argos Circle, Watsonville, CA 95076 (408) 724-1990
USS Skagit AKA 105 (Aug-Omaha, NE) Don Vogan, 950 Watkins St., Conway, AR 72032 (501) 327-7590
USS Thornhill DE-195 (Sept-Tannersville, PA) Henry Cetkowski, Box 531, Rt. 2, Titusville, NJ 08560 (609) 737-1727
USS Valley Forge CV/A/S-45 LPH-8 CG-50 (Aug-Long Beach, CA) Bill Degischer, 18101 Tarzana St., Tarzana, CA 91356 (818) 342-0344
USS Wichita CA-45 & USS Tuscaloosa CA-37 (Aug-Grand Rapids, MI) John D'Ercole, 122 Eaton Ave., Hamilton, OH 45013 (513) 895-0656

Army Air Forces

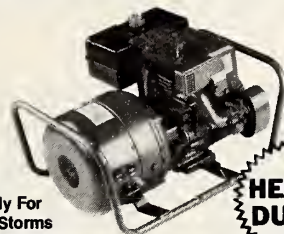
1st AIRCRAFT Rep. Unit (Sept-Niagara Falls, NY) William McElhinny, 209 N. Linden Dr., Buffalo, NY 14221 (716) 633-7659
2nd, 19th, 33rd, 408th Bomb Sqs., 22nd BG, 5th A.F. (Aug-San Francisco) Jack Clark, Box 4734, Patrick AFB, FL 32925 (305) 636-5004
4th Air Depot Grp. (Aug-Middletown, OH) James Pirt, 1620 E. Central Miamisburg, OH 45342 (513) 866-5314
5th Airdrome Sq. (Sept-Dayton, OH) John Sillman, 23 Fair Ave., Medway, OH 45341 (513) 849-0302
8th Ftr. Con. Sq. (WWII) (Sept-West Yellowstone, MT) Donald Hawkins, 423 9th Ave. North, Nampa, ID 83651 (208) 466-6488
17th Air Depot Grp. (Aug-Colorado Springs, CO) Thomas Haluscak, 324 Grove Dr., Lower Burrell, PA 15068 (412) 337-6835
34th Bomb Grp. Assoc. (Sept-Colorado Springs, CO) Ray Summa, 2910 Bittersweet Ln., Anderson, IN 46011 (317) 644-6027
68th Air Serv. Grp. (China-WWII) (Oct-MacAllen, TX) Bob Pierce, Box 15061, Denver, CO 80215 (303) 985-1933
80th Ftr. Grp-CBI (Sept-San Diego) G. F. Schlagel, Box 3667, Seal Beach, CA 90740 (714) 846-1838
93rd Ftr. Sq., 81st Ftr. Grp. (Oct-King-of-Prussia, PA) John Dougherty, 201 Bartram Lane, Ocean City, NJ 08226 (609) 398-5375
318th TC Sq./343rd Airdrome Sq. (Oct-Santa Barbara, CA) Robert Thompson, 608 St. Andrews Way, Lompoc, CA 93436 (805) 733-2041
366th Ftr. Grp., 389th, 390th, 391st, WWII (Oct-San Antonio, TX) Col. Dyke Meyer, Rt. 2, Box 310, Comfort, TX 78013 (512) 995-2109
896th Sig. Co. Depot AVN (Aug-Minneapolis) Harold Heuer, 7283 Nash Rd., North Tonawanda, NY 14120 (716) 693-1105
1880th AVN Eng. Bn. (Aug-Salt Lake City) Edward Brown, 6005 Kenwood Dr., Nashville, TN 37215 (615) 373-2695
Link Trainer Depot, Liberal AAB (Sept-Liberal, KS) Jack Wellborn, 907 Beacontree Dr., Lawton, OK 73505 (405) 536-8451

Continued on page 53

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THE LEGION ON CAPITOL HILL

IN HEARINGS before the House Appropriations Subcommittee on Labor, Health and Human Services on April 30, the Legion generally supported the administration's appropriations request for DoL's programs for veterans, but asked that funds for the veterans portion of the Job Training Partnership Act be increased to \$50 million from \$7 million in FY 1987.

Before the Senate Appropriations Subcommittee on HUD/Independent Agencies on May 7, the Legion asked for larger appropriations than those proposed by the administration for the VA and justified the request by pointing to numerous deficiencies in construction, the Department of Medicine and Surgery, readjustment benefits, Department of Veterans Benefits, the home loan program and job training.

Also on May 7, the Legion testified before the House Committee on Small Business' Subcommittee on General Oversight and The Economy. The Legion offered strong support for SBA programs for veterans and objected to

continued administration efforts to dismantle the agency. To assure continuation of the SBA veterans program, the Legion recommended legislation to define the government's existing legal obligation to provide veterans with "special consideration" in applying for direct or guaranteed business loans and management assistance.

In hearings of the House Veterans Affairs Committee's Subcommittee on Compensation and Pension on May 15, the Legion supported bills under consideration that included providing 3.7 percent cost-of-living adjustments for disability compensation and death benefits; exempting several programs subject to automatic Gramm-Rudman-Hollings cuts; allowing added compensation for veterans with service-connected loss, or loss of use of one lung or one kidney; providing a presumption of service connection for the blood disease lupus erythematosus; allowing concurrent receipt of military retirement and compensation benefits; and presuming service connection for the spinal disease syringomyelia.

1986 NATIONAL CONVENTION FEATURES LABOR DAY FESTIVAL, REDUCED AIR FARES

STROLLING musicians and mimes, a carnival-style lawn tent, parachute demonstrations by Army airborne troops, a German band, and a Navy hot-air balloon are included in a wide range of plans under consideration for a special Labor Day festival at the 68th National Convention in Cincinnati, Aug. 29 to Sept. 4.

While entry into the festival, entertainment, shows and special activities will be free to Legionnaires and their families, charges for food and drinks, if any, will be minimal. The site of the festival will be Yeatman's Cove Park, near Cincinnati's historic waterfront on the Ohio River.

Traveling to the convention should pose little hardship for most Legionnaires, as an estimated 1.5 million bluecappers live within 500 miles of the

Ohio River metropolis. And there's an added boon for those who fly to the convention aboard Delta Airlines.

Discount rates from 5 percent to 30 percent will be offered to Legionnaires who fly coach. However, air travelers are warned to make reservations well in advance. For further information, call 1-800-992-7033. Indiana residents call 1-317-632-7553.

Shuttle bus service will begin Aug. 30 and run through Sept. 4. Bus schedules will be posted in the lobbies of hotels used by convention delegates. A fee of \$1.50 one way, or \$3 for a round trip will be charged per person. As downtown parking will be virtually impossible, Legionnaires are urged to use the shuttle service.

For additional information on the convention, Legionnaires should contact their department adjutants.

Magazine Offers Special Rates

THE AMERICAN LEGION MAGAZINE is available to certain members of the Legion family at a special non-member subscription rate.

Members of the American Legion Auxiliary, The Sons of The American Legion and veterans' widows and widowers may receive annual subscriptions for \$4. Departments and posts who donate subscriptions to persons and community organizations such as libraries and schools also are eligible for the special rate.

Magazine subscriptions may be obtained through the Membership Processing Department, The American Legion, Box 1954, Indianapolis, IN 46206. Please enclose a check or money order for the subscriptions ordered.

'Firing Line' Keeps Watch On Radicals

THE American Legion opposes every form of radicalism and subversion regardless of its source.

One way to recognize radical elements and how they work is through a subscription to FIRING LINE, Americanism's monthly newsletter that reports on communism and other subversive influences in the United States, and keeps Legionnaires current on Legion positions regarding subversion.

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Firing Line is The American Legion's publication that reports the current activities of subversive individuals and organizations. Send name and address with a check for \$5 (one-year subscription) to *Firing Line*, P.O. Box 1055, Indianapolis, IN 46206. (Multiple copies of 20 or more to the same address are available at \$1 per copy.)

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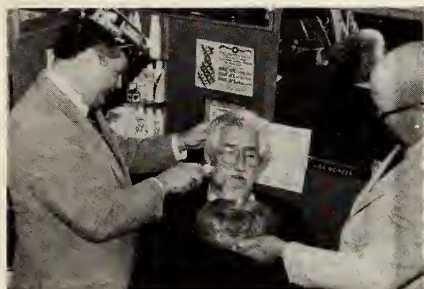
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Close shave helps Kidney Foundation in Nebraska . . . raising the cash for emergency equipment . . . saving a family from a blazing home . . . speaking well of all good sports.

When the cutting was done, a member of Lincoln Post 3 was minus a beard and the Nebraska Kidney Foundation was \$1,300 richer.



Legionnaire Bob Taylor put his whiskers on the "auction block" as bidders, including Lincoln Mayor Roland Luedtke and state officials, vied for the right to remove Taylor's beard. Post 3 members won after making the highest bid. "What began as sort of a jest on my part to raise money for the Nebraska Kidney Foundation grew into a solid effort by my fellow Legionnaires to support those who are, or may become, afflicted by this terrible disease," a smooth-faced Taylor said.

Time and technology are of the essence in medical emergencies and Cambria Post 432, Cambria, Calif., has a proven track record in helping its local ambulance units save lives. The post's project, "Project Heart-beat," conceived by former Post Cmdr. Art James in 1976, has raised money from community dances and other activities to help pay for the expensive emergency medical equipment. The idea apparently caught on as other community, civic and social groups have joined the post in its efforts. Together, the groups have raised more than \$28,000.

After three combat tours in Vietnam, Carl Anderson of Iselin, N.J., knows about firefights, but the former Marine recently found himself in another kind of blazing battle.

Anderson, a member of Post 248, Colonia, N.J., braved smoke and searing flames to help rescue a family of four from their burning home. Anderson and another man were passing by the home when they saw flames shooting from the windows. After kicking down a door, the men led the family to safety. "We did what we had to do," Anderson said. Post 248 honored Anderson and the other rescuer for their bravery.

And speaking of good sports, members of A. Leigh Pardun Post 459, North Brunswick, N.J., take time out each year to cite players on the



North Brunswick Township High School football squad for their help in decorating veterans graves on Veterans Day and Memorial Day . . . and members of the Junior American Legion Baseball team, sponsored by Stockham Post 4, St. Louis, Mo., can always count on a post-sponsored invitation to the Annual Mayor's Prayer Breakfast. "The boys are honored by the invitation and enlightened by the program," said Albert G. Grosch, former Post 4 commander.

LEGIONNAIRE OF THE MONTH



Harold Ogden

AT 89, Harold Ogden remembers members of the U.S. armed forces who have left this life, and he inspires others to honor the nation's veterans, both living and dead.

Partly because of Ogden's work as an usher at ceremonies in the Arlington National Cemetery Amphitheater, his post, Unknown Soldier Post 44 of Arlington, Va., 24 years ago established an annual Nov. 11 tribute that includes placing a wreath at the Tomb of the Unknown Soldier. Affinity grew between the post and the honor guard unit assigned to guard the tomb, and before long the post "adopted" the unit. Post programs frequently are designed to show appreciation to the guards.

Ogden received a Community Service Medallion from the Freedom's Foundation at Valley Forge for his leadership in post community programs, which include national security forums for area residents and other Legion posts.

A retired Army colonel who saw action in both world wars, he has served the Legion as post commander and as a member of committees at all levels, including the National Commission of Ceremonies. He is chaplain emeritus of the 17th District, Department of Virginia.

When asked about his role in the success of post programs, Ogden insisted all post accomplishments were a result of team effort. "What counts is what we've done together," he said. □

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As part of an advertising test, Dunlap Boat Mfg. will send any of the above size boats to anyone who reads and responds to this test before the next 30 days. Each Boat Lot No. (Z-26 PVC) is constructed of tough high density fabric (resistant to abrasions, sunlight, salt & oil), electronically welded embossed seams, nylon safety line grommets all around, heavy duty oar locks, 3 separate air chambers for extra safety (4 air chambers in 4-man), self-locking safety valves, bow lifting & towing handle and are recommended for marine, ocean and fresh water recreation, camping, fishing or a family fun boat. Each boat will be accompanied with a LIFETIME guarantee that it must perform 100% or it will be replaced free. Add \$7 handling & crating for each boat requested. Dunlap Boat Mfg. pays all shipping. If your order is received within the next ten days you will receive FREE a combined hand/foot inflator/deflator bellows style pump for each boat requested. Should you wish to return your boat you may do so for a refund. Any letter postmarked after 30 days will be returned. LIMIT three (3) boats per address, no exceptions. Send appropriate sum together with your name and address to: Boat Dept. #992-B, Dunlap Boat Mfg., 2940 W. Pico Blvd., Los Angeles, CA 90006. Or for fastest service from any part of the country call 1-800-824-9988 for Boat Dept. #992-B (Calif. residents call collect 213-735-9363), before midnight seven days a week. Have credit card ready.

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FRANKLIN FASHIONS, Dept. M-645
103 E. Hewthorne Ave., Valley Stream, NY 11580

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Free booklet

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Leesburg, FL 32788
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Ten-unit coverage in no-trills Approved American Legion Life Insurance Plan offers \$54,000 in benefits, only \$240 per year. Less units offer attractive benefits, too. For details and application, mail name and address today to Dept. H, The American Legion Life Insurance Plan, P.O. Box 5609, Chicago, IL 60680.



VETERANS ADVISER

Do you have questions concerning your veterans benefits? THE AMERICAN LEGION MAGAZINE will answer as many as possible in this column. We regret that we are unable to provide a personal response to each query. Write to THE AMERICAN LEGION MAGAZINE, Veterans Adviser Editor, P.O. Box 1055, Indianapolis, Ind., 46206.

Q. Can the interest rate on a VA home loan be changed?

A. The prevailing interest rate at the time the loan is made, established by the government and set forth in the mortgage note, is a fixed non-adjustable rate mortgage that remains the same for the life of a loan. However, the rate may be changed if the loan is refinanced at a later date when the interest rates are lower.

Q. Does the VA have an alcohol or drug treatment program for veterans?

A. Yes. The VA operates both inpatient and outpatient clinics in most VA medical centers for honorably discharged veterans.

Q. I would like to get copies of my disability compensation exams. How may I do this?

A. You may request in writing, over your signature, the exact information you require. You should state date and place of exam if you want specific reports. Generally, copies will be released to you immediately. However, if there is information in the medical reports that might have an adverse effect on you or a member of your family, a member of the professional medical staff at the VA health care facility will determine the appropriate method of disclosing the information to you.

Q. I live in a rural area and cannot visit a VA office for benefit information. What can I do?

A. All VA regional offices have toll-free telephone service for benefit

information. Check your local telephone directory under "U.S. Government," or contact the service officer at your nearest Legion post.

Q. I am receiving disability compensation. Recently the VA requested that I come in for a physical examination. Must I have the examination?

A. Yes. The VA is required to periodically examine veterans to determine if their disability still exists. Most disabilities do not change after a certain period of time. Your periodic examinations may eventually be discontinued.

Q. May I use my GI Bill education benefits to attend school in a foreign country?

A. Yes. The VA will provide education benefits to eligible veterans who attend approved schools in foreign countries. Contact the nearest VA regional office for further information.

Q. I was injured during World War II, but I never applied for any VA benefits. Is it too late to apply now?

A. No, there is no time limit for filing a claim for VA compensation. If entitlement is established, you would be paid from the first day of the month following the date the VA received your application. In order to establish entitlement, the VA needs proof that the disability was incurred in, or aggravated by, your military service.

Q. When a veteran's National Service Life Insurance endowment policy matures, must the proceeds be paid in a lump sum?

A. There are a number of options regarding payment of proceeds. The proceeds of a matured endowment may be paid in one sum, in equal monthly installments (36 to 240), in multiples of 12, or in installments under Refund Life Income option.

AT HOME

Continued from page 43

gram helps them feel organized and gets them back on track."

All veterans' homes, whether federal or state, rely heavily on help from American Legion posts and other service organizations to boost morale. Thanks to the idea of "veterans helping veterans," there is a constant round of summer picnics, bingo games, dances and parties. Veterans go on camping trips, to sporting events, concerts, Shakespearean plays and dinners at posts. They educate themselves using donated computers.

Veterans' homes belong to men and women who have earned the right to live there and receive competent health care. Sometimes the decision to make that move can be difficult. Accepting the uncertainty of something different doesn't always go down easily. But change also leads to better things, to new beginnings.

"The 'old soldiers home' concept is fading," said VA spokesman Richard Olson. "In the old days the veteran reconciled himself that he would live an institutionalized life there forever. We have a more serious mission now—to help veterans reach their optimal level of function."

That's not a bad prospect.

For information on applying for admission to a veterans' home, contact your nearest veterans affairs department or the Veterans Administration, 810 Vermont Ave., Washington, D.C., 20420. □

COMRADES IN DISTRESS

Readers who can help these veterans are urged to do so. Usually an eyewitness statement is needed in support of a VA claim.

Notices are run only at the request of American Legion Service Officers representing claimants, using Search for Witness Forms available only from State Legion Service Officers. Please contact CID (number), The American Legion Magazine, P.O. Box 1055, Indianapolis, IN 46206

USS Flusser 368. Clifton R. Coleman needs witnesses to verify a claim that while aboard ship in May 1943, he was treated in sick bay for an ear injury due to five inch gun combustion. Contact CID 1058

143rd Bn., 43rd Div. Richard Lindell is seeking witnesses to verify a claim that while stationed in Germany in the spring of 1952, he was wounded on the nose by shrapnel. Contact CID 1059

725th Railway Bn. "C" Co. James Lorris Posey needs witnesses to verify a claim that while stationed at CBI in 1944-46 he was wounded in both legs during the CBI march. Contact CID 1060

86th Bn. Seabees. John Rough is seeking witnesses to verify a claim that while stationed at Zeto Point, Adak, AK in Sept. 1944, he injured his mouth and leg when a wire rope came loose while removing a signal hut. Contact CID 1061

How a Stop in a German Shoe Store Ended a Lifetime of Foot Pain...

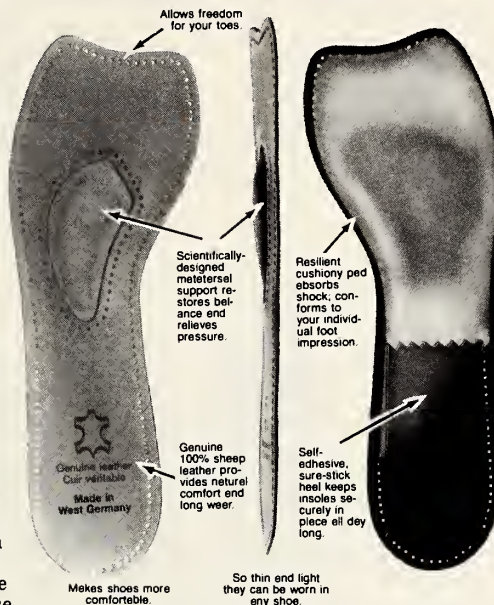
"We were in Germany on the very first day of our vacation but my feet were killing me already. I thought a pair of more comfortable shoes might help and I fell in love with a pair in a shoe store in Wiesbaden, Germany.

But when I tried them on, they hurt too. I explained my problem of sore aching feet to a friendly clerk and she pointed to a counter display and said, maybe I needed a pair of special Leather Insoles.

I took her advice and was I glad I did... the instant I slipped them into my shoes, my foot pain vanished! I've worn them ever since and my painful foot problems are a thing of the past."

Over the last 15 years more than 8,000,000 pairs of these Leather Insoles have been sold in German shoe stores. They've relieved all types of foot problems for folks of all ages and if your feet are killing you, we urge you to try them.

We brought them to America and call them Luxis Leather Insoles. Wear them for 30 days. If at the end of that time you're not completely delighted, just return them for a prompt, no-questions-asked refund. What could be fairer?



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Luxis' scientifically designed metatarsal support allows your feet to assume their proper posture and balance. They redistribute body weight naturally, eliminating painful, uneven pressures that cause Sore Feet, Burning Feet, Corns, Calluses, Bunions, Sore Heels, ankle and foot problems of all types.

- Resilient, cushiony
- Mold themselves to your feet
- Long-wearing, genuine sheep leather
- Wear in any style shoe, including high heels.

Luxis Insoles

COST YOU ONLY \$7.95 per pair

30-Day TRIAL OFFER

Order a pair of Luxis Leather Insoles and wear them for 30 days. If at the end of that time you're not completely delighted, just return them for a prompt, no-questions-asked refund. What could be fairer?

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712 N 34th Street, Seattle, Washington 98103

30-Day, No-Risk TRIAL OFFER

LUXIS INTERNATIONAL
712 N. 34th St., Dept. XAL076
Seattle, WA 98103

Enclosed is \$_____ for _____ pair(s) of Luxis Insoles. If I am not completely satisfied, I can return them within 30 days for a full, no-questions asked refund.

Important: Indicate shoe size(s) below.

Women's size(s) _____ Men's size(s) _____

_____ ONE pair only \$7.95 add \$1.50 p. & h.

_____ TWO pairs only \$13.90 (save \$2) add \$1.75 p. & h.

_____ FOUR pairs only \$27.80 (save \$4) Postage FREE

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for the Vietnam memorial sculpture in bronze embroidery (not printed). A part of the proceeds support the Vietnam Veterans Memorial Foundation, which Officially Licenses this product. Order yours now and receive information on other VVMF Products.

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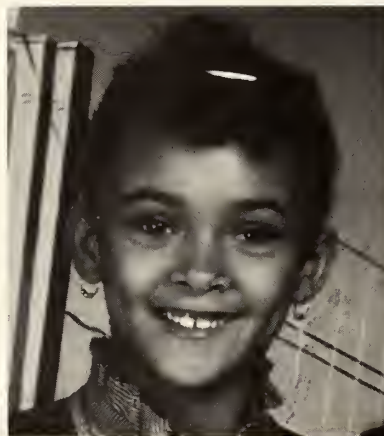
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HAVE YOU SEEN THIS CHILD?

MISSING—Equilla Hodrick, 9. Last seen Aug. 12, 1985, in the Bronx, N.Y. Hair: brown. Eyes: hazel. Height: 4'11". Weight: 80 lbs. Contact: National Center for Missing and Exploited Children, Washington, D.C., telephone 1-800-843-5678.

A public service provided by The American Legion.



'LIBERTY'

Continued from page 23

It was shiny then, because the copper hadn't turned green with verdigris yet. And they could see it gleaming in the harbor from miles out.

I don't care how sick they were, or how scared, or how lonely, the sight of that lady saying "welcome" made the whole thing worth it. They never forgot that beautiful symbol of freedom.

I've spent a lot of time on the Statue of Liberty and Ellis Island. Other people have worked full time on it, and millions have sent in money. This thing caught on because these symbols stand for something.

We haven't spent \$265 million just so the statue won't fall into the harbor and become a hazard to navigation. We aren't fixing up Ellis Island so people will have a nice place to go on Sunday afternoon. We're doing it because we want to remember, and to honor, and to save the basic values that made America great.

We make a mistake if we think the Statue of Liberty is just a historical monument. We're missing the boat if we think she stands for the past. She has never stood for the past. Every immigrant, every returning GI and doughboy who sailed by her, was escaping the past, and entering a future filled with opportunity and freedom.

Today, the Statue of Liberty and Ellis Island are being restored to remind all people of the ideals and hopes, of the pain, suffering, sacrifice, and of the plain hard work that it takes to build a free nation.

This is more than just a celebration honoring the Statue of Liberty. It's a time to rejoice in the enduring success of Liberty. And it's also a time to remember how it all came about, and to renew our dedication to the ideals it has symbolized for so many for so long. ☐



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INVOLVED!

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RENEW



RENEW
TODAY!

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help reach 3,000,000 members in 1987!

Catch the Spirit of the celebration! Renew your '87 membership now and help The American Legion reach new heights—**3,000,000 members in 1987!** If you haven't yet received your 1987 renewal notice, complete the form to the right and send it, along with your dues, to your Post **today**.

Renew now and take advantage of the **expanded discounts** available to Legionnaires!

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NOTICE



THE AMERICAN
LEGION

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Post #

Street Address

Dues Amount

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State

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Address

City

State Zip

Birth Date Phone No. ()

AL-b

DILEMMA

Continued from page 33

port the war and thus cost the United States victory.

Weinberger has commented on the lingering issue: "Some Americans, especially those in the military, came away from those years with an intense distrust of the news media. Today, some still don't believe that the media will give fair treatment to the national defense establishment."

As a former war correspondent, Severeid said he agreed that some degree of military censorship of the press is necessary, and that TV reporting of wars as they happen would be ridiculous. But Severeid also argued that the United States lost the Vietnam War, not because of the press, but because government officials in Washington never made a convincing case for our involvement in that part of the world.

Weinberger put Vietnam aside when he wrote, "Journalists of today are patriotic, responsible citizens." Some

reporters, he added, withhold information at Pentagon request. "In the recent hostage crisis in Lebanon, for example, reporters did not reveal which hostages were military personnel," Weinberger said. But he also noted a recent trend among journalists "toward viewing the government's position on anything as suspect. We have begun to see elements of the news media's desire to second-guess the government. Even in combat, the media want to decide for themselves whether the fight is just. They want to interview the enemy, give equal time to the enemy, weigh the enemy's arguments against ours, and report the enemy's point of view to the American people. I do not see how this can ever be helpful."

The Vietnam anger and sadness that still smolder will some day burn out, but the conflict between military security and press freedom seems likely to intensify. The new technologies appear to make the press more competitive and aggressive. And it may be ironic but true that technologies will inhibit, rather than enlarge, press freedom to cover war because those same technologies enhance the media's potential for compromising national security. ☐

ADVERTISEMENT

Small Firm's New Golf Ball Draws Hole-in-One Letters from All Over U.S.

Seller Guarantees Ball Will Cut Strokes—or Money Back

64 Times More Accurate

By Mike Henson

NORWALK, CT—A small company in Connecticut is selling what might be the most hook-free, slice-free ball in golf. Unsolicited hole-in-one letters from men and women all over the U.S. suggest it is 64 times more accurate than a well-known distance ball. Some report holes-in-one the first time they use it!

The ball is called Guidestar and its unusual accuracy comes from a new, patented, oversized core that helps control it like a gyroscope. Because the core maintains near-perfect balance, it reduces the chance of an abnormal spin caused by an imperfect stroke. Abnormal spins are what cause a ball to hook or slice.

The company has conducted many tests on the ball, but the best proof of its accuracy comes from a file-full of letters like these: "Shot my first hole-in-one the first time I used Guidestar on my home course. Great Balls! . . ." "After 26 years of golf during my first round with Guidestar I made a hole-in-one!"

There is even a letter from New Zealand where a minister scored a hole-in-one with the ball.

The ball is extremely lively and high compression. Bounce it on a concrete floor and it comes back at you like a rifle shot.

According to a spokesman, "The Guidestar will equal any pro-line ball on distance, but on accuracy they are no

match for it, and accuracy is what counts. It's not fun hacking through bushes looking for a ball that suddenly went left or right. These hole-in-one letters are the best proof we could have that Guidestar's patented core helps keep shots down the middle."

In light of tests and that file-full of hole-in-one letters, the company guarantees Guidestar will cut a golfer's score dramatically. If it doesn't they will take back the balls within 30 days used, and refund their price promptly.

They also guarantee Guidestar's patented construction will save a golfer money. If he ever cuts one, he can get *three new ones free*, if he returns the damaged ball with 50¢ for postage.

If you want to save money on lost and damaged balls, cut strokes and (who knows?) watch breathlessly on a par 3 as Guidestar's new, patented core carries your tee-shot toward the cup!—then try this new ball. You can't lose. A refund is guaranteed if you don't cut strokes.

To order Guidestar send your name and address to the National Golf Center (Dept. G-310), 500 S. Broad St., Meriden, CT 06450; (or call 203-238-2712). Include \$21.95 (plus \$1.75 shipping) for one dozen; \$19 each for two dozen or more. Six dozen cost only \$99. *Free* shipping on two or more dozen. You can split your order between white and Hi-Vision yellow on a dozen basis.

To charge it include your card's name, account number and expiration date. No P. O. Boxes, please; all shipments are UPS. CT and NY must add sales tax.

Guidestar conforms to U.S.G.A. Rules and can be used in tournament play.

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REUNIONS

Continued from page 45

Air Force

- 1st Strat. Air Depot, 8th AF (Honington, England, WWII)** (Sept-San Francisco) Earl Dosey, 7336 Mikesell Dr., Indianapolis, IN 46260 (317) 251-0097
- 8th AF His. Soc. (Iowa Chptr.)** (Sept-Cedar Rapids, IA) Gene Person, Rt. 1, Monson, IA 50563 (712) 297-7749
- 8th Photo Recon. Sq., 5th AF** (Sept-Orlando, FL) Sid Chalupa, 324 Highland Park Dr., Kelso, WA 98626 (206) 425-0094
- 10th Ftr. Sq., 50th Ftr. Grp., (WWII)** (Oct-San Antonio, TX) B. B. Morrison, 1462 Ester Ct., Box 1258, Riverdale, GA 30274 (404) 996-7253
- 13th Bomb Sq. (Korea)** (Sept-San Francisco) Alvin Adams, 26 Crescent Dr., Terre Haute, IN 47802 (812) 299-8118
- 57th Bomb Wing, 310th, 319th, 321st, 340th Grps. & 308th Sig. Wing (WWII)** (Aug-Sacramento, CA) Bob Evans, 1950 Cunningham Dr., Speedway, IN 46224 (317) 247-7507
- 91st Bomb Grp. (H)** (Sept-Tampa, FL) Ken McLaren, 4108 Oklahoma Ave., Tampa, FL 33616 (813) 839-1666
- 93rd TCS, 439th TC Grp.** (Sept-Jackson Hole, WY) Tom Morris, 456 St. George's Ct., Satellite Beach, FL 32937 (305) 773-6960
- 325th Ftr. Grp. (Checkertail Clan)** (Sept-Tucson, AZ) Dan Penrod, 69 Keswick Ave., Pittsburgh, PA 15202 (412) 766-6190
- 339th Ftr. Grp., 8th A.F. (WWII)** (Sept-England) Chet Malarz, 2405 Kings Point Dr., Atlanta, GA 30338
- 352nd Ftr. Grp., 8th A.F. (WWII)** (Sept-Dayton, OH) Dick DeBruin, 234 N. 74th St., Milwaukee, WI 53213 (414) 771-0744
- 356th Serv. Sq., 42nd Serv. Grp.** (Sept-Dayton, OH) Franklin Buseman, Rt. 2, Box 37, Goodell, IA 50439 (515) 587-2250
- 434th Ftr. Sq., 479th Grp.** (Sept-Galveston, TX) Les Heuman, 1410 2nd Ave., Texas City, TX 77590 (409) 948-2011
- 454th Bomb Sq., 323rd Bomb Grp.** (Aug-Oshkosh, WI) Joe Havrilla, 1208 Margaret St., Munhall, PA 15120 (412) 461-6373
- 498th Serv. Sq., 44th Serv. Grp.** (Aug-Shreveport, LA) James Johnson, Box 633, Applegate, CA 95703 (916) 878-1770
- 780th Bomb Sq.** (Sept-Atlanta) Fred Boling, Box 94, Ball Ground, GA 30107 (404) 735-2983
- 782nd Bomb Sq., 465th Bomb Grp. (H) 15th A.F. (Panatella, Italy)** (Oct-Harlington, TX) William Bruce Jr., 1683 Eggert Rd., Eggertsville, NY 14226 (716) 834-8144
- Clinton County AFB Glider Unit** (Aug-Wilmington, OH) James Wixson, 316 S. Walnut, Wilmington, OH 45177 (513) 382-4275
- P-40 Warhawk Pilots** (Aug-Cleveland) Don Kociter, RT. 8, Box 346, Kocher Rd., Oswego, NY 13126 (315) 343-6852
- Pilot Class 42-A (Kelly, Foster, Ellington & Brooks Fields)** (Sept-Dayton, OH) Ned Gates, 102 Bryker Dr., San Antonio, TX 78209 (512) 433-5390
- Roswell A.A.F./Walker AFB Veterans** (Sept-Roswell, NM) RAAF/WAFB Vets Assoc., Box 8092 (Linda Vista Sta.), Roswell, NM 88201 (505) 622-7565

Marines

- 6th Marine Div.** (Sept-Albany, NY) Joseph McConville, 75 Elm Rd., Caldwell, NJ 07006 (201) 228-4423
- 6th Marine Div. & 1st Prov. Bde.** (Sept-Albany, NY) Joseph Bangert, 7 Hudson St., Kindermook, NY 12106 (518) 758-7628

Coast Guard

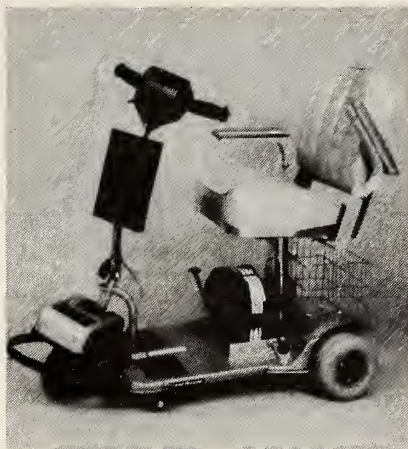
- Retired CG Aviation Personnel** (Sept-Las Vegas, NV) D. R. Wingar, 1871 Niblick Circle, Las Vegas, NV 89122 (702) 452-3787
- USS Savage DE-386** (Aug-Philadelphia) Joseph Francis, 86 Lex. Ave., Mt. Kisco, NY 10549 (914) 666-5305

Miscellaneous

- Navy Mail Service Veterans** (Sept-Harrisburg, PA) Patricia Hamilton, 5501 Seminary Rd., Unit 1109 So., Falls Church, VA 22041 (703) 845-5428
- Pokagon CCC** (July) Roger Woodcock, R. 1 0435-12, Corunna, IN 46730 (219) 281-2044

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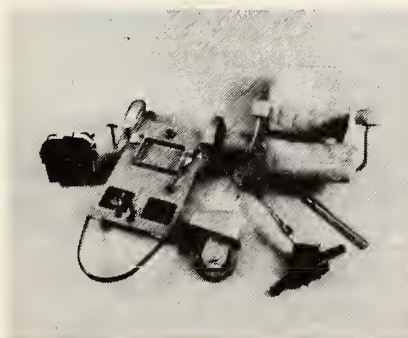
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INTERVIEW

Continued from page 25

Helsinki agreement in 1975 and SALT II in 1979 proved again that this assumption is wrong. More concessions were made, always in the hope that concessions would convert the Soviets into compromisers. That is a wrong assumption, yet it is a mistake the West keeps making and probably will make again.

Q. What else could cause democracies to perish?

A. A discussion of why democracies are in peril has to include a total view. The Soviet Union is the only power in the second half of the 20th Century that has built a territorial empire—the countries of Central Europe, part of Africa, Cuba, South Yemen, Southeast Asia, Kampuchea, Laos and now Nicaragua. All of the other powers have decolonized, voluntarily or involuntarily. The USSR is the only major power obviously still bent on the acquisition of new territory by military intimidation or other means.

Q. Do you think the Soviets marvel at the ease with which they deceive the West?

A. They must. And they despise us for it. They have come to count on our reaction to a crisis, which is to protest loudly for awhile, take some mild retaliatory measure, then forget the whole thing a few months or years later. We always come back, forgive and, much worse, forget.

Q. Is it possible for communism and the democracies to live side by side in peace?

A. I don't think side-by-side existence is possible forever. The communist system can't bring prosperity or cultural freedom to its own people, so the communist leaders will always feel threatened by the existence of a Free World, not because the Free World, as they say, plans to destroy the communist world, but because it is permanent evidence that communism doesn't work.

Q. Is the West's choice either war or slavery?

A. Not necessarily. Totalitarian regimes are inherently unstable, but we don't take advantage of this instability. For instance, when Soviet-

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bloc countries are in need of food, we send them grain. When they suffer a technological bottleneck, we send technology. When sudden violence plunged South Yemen, a Soviet satellite, into an incredibly bloody civil war last January, did we take advantage of that break in the world communist fortress the same way they manipulate El Salvador? No. The Soviets use our weaknesses to weaken us more. But we don't use their weaknesses against them. We should adopt the same tactic.

Q. What should we have done in Hungary in 1956?

A. We should have moved in. The new communist leader, Imre Nagy, in command after the first phase of the Hungarian revolution, actually asked the West to guarantee Hungary's neutrality, and proclaimed he was withdrawing from the Warsaw Pact. If we had done so, Hungary today would be a neutral country like Austria. The West had all its international laws and the U.N. Charter in its favor to force that setup.

Q. What about the Berlin Wall?

A. We missed a similar opportunity there in 1961. I'm sure Khrushchev was astounded that we didn't send a few tanks and armored cars to stop construction of the wall. That would have been the end of it because they had orders to pull out if we had done that.

Q. What should be the U.S. policy in Central America?

A. U.S. efforts in El Salvador have been successful in making it possible for President Duarte to hold elections, which clearly demonstrated that the guerrillas had only minority representation. The problem in Nicaragua is more difficult because the Soviets, Cubans and East Germans are actually in the country.

Q. What can we do in Nicaragua at this late date?

A. Continue to help the people who are trying to overthrow the regime or at least force the regime to hold free elections. It is interesting to note that after Congress voted against aid to the Contras, Ortega went to Moscow and got \$200 million in loans. That this surprised U.S. lawmakers shows how poorly informed they are. They did not recognize that the Nicaraguan ruling junta is a classic communist regime in the Castro pattern.

Continued on page 56

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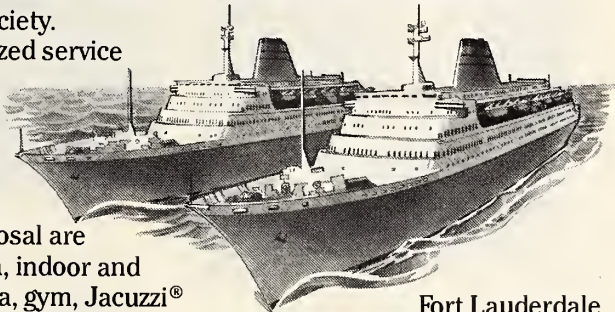
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INTERVIEW

Continued from page 55

Q. Churches in the United States appear to play a large role in the peace movement. Are they misguided in their devotion to pacifism?

A. I believe so. The Catholic bishops in the United States and the Protestant churches in Europe, particularly in Germany, don't seem to realize that nuclear missiles, for many years now, have been targeted not at cities, but at other arms. Their idea of nuclear war or nuclear winter is wrong. The churches forget that the nuclear balance, when it existed, actually prevented war.

Q. What should the democracies do to safeguard their future?

A. We should reply to any Soviet encroachment with immediate reprisals, primarily economic. I know conventional wisdom says that economic sanctions are ineffective. They are ineffective only because they are never implemented, by lack of political will. Following this, we should make no further concessions without clearly evident counter-concessions. We must reject all communist demands as long as the Soviet Union continues its expansionist policy. This "new" policy would simply be a return to normal diplomacy. It would require, however, a nearly total intellectual reconversion. It would demand clearcut understanding, at last, of what communism is and how it works. That means understanding the communist leaders' willingness to do whatever is necessary to achieve world domination. ☐

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A. E. Aboussleman, W. H. Allen Sr., H. C. Bass, L. H. Becker, Willard L. Farmer, Walter L. Harris, W. H. Harrelson, James E. Helton, C. M. Herndon (1986), Post 216, Atlanta, GA

Michael Billrakis (1985), Post 173, Holiday, FL
Fred R. Kittredge (1982), George W. Kaltenbach (1983), William Lemke Jr. (1984), Clarence Pearson (1985), Post 171, Crystal Lake, IL

Jack E. Brown, Robert L. Smith, Thomas R. Wheeler (1986), Post 332, Rockton, IL

Nicholas E. Kuhn (1986), Post 20, Crown Point, IN
Morris Ortamond (1986), Post 29, Abbeville, LA

Frederick E. Lovering (1986), Post 132, Richmond, ME
Harlow C. Winteringham, Vernon A. Lydens, Fred Wiersma (1986), Post 69, Whitehall, MI

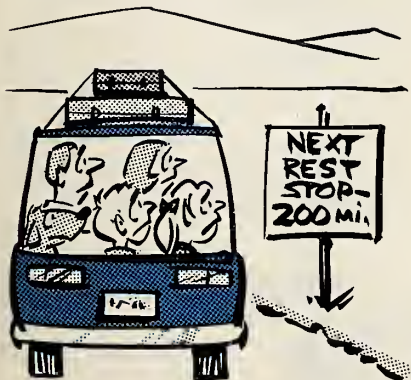
Robert G. Perry (1985), Post 160, Bangor, MI



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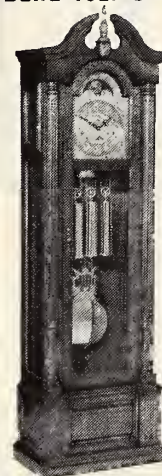
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"I have a theory that if I rest before I start, I won't be so tired when I'm finished."

Keyhole Vision

Woman describing her evening's date to her roommate: "Narrow minded? He can look through a keyhole with both eyes at the same time!"

—Oscar Thornbuckle

Electoral Savvy

Some people get elected to public office because they are well known. Others are defeated for the same reason.

—Edward Otto

Greater Values

You can return merchandise without a receipt easier than you can take back words you never should have said.

—Rilla May

Travel Planning

Man to travel agency representative: "If possible, I want to go somewhere near my luggage."

—Oliver Frazier

Joy of Joys!

A bachelor is a man who believes he is entitled to Life, Liberty and the Happiness of Pursuit.

—Martha Beckman

Family Tree

It takes years for a tree to produce nuts. This, however, is not always true of the family tree.

—George Bergman

Generous Perks

Sign on a Toronto church: "Work for the Lord. The pay isn't good, but the retirement benefits are out of this world."

—Louise Marty

Dusted

The police found powder marks on his body. As the trial demonstrated, that's why she shot him.

—Louis Hasley

Are House-calls Trump?

A doctor, an ardent bridge player, was called to the phone by a colleague and asked if he could come over because he and two other doctors needed a fourth for bridge.

As the doctor put his jacket on to leave, his wife asked sympathetically, "Going on a call, dear?"

"Afraid so," the doctor replied gravely. "It sounds serious—there are three doctors there already."

—Henry Boye

Perfect Pet

A haughty dowager in a pet shop said, "I want a dog of which I can be proud. Does that one have a good pedigree?"

"Lady," replied the pet shop owner, "if that dog could talk, he wouldn't speak to either of us."

—Rebecca Martin

Absence is Bliss

Those who claim to sleep like a baby don't have one.

—George Winger

Definition

Evolution: Mother Nature's way of covering her mistakes.

—Gene Delaine



"Then I found out the pigeon he was feeding wasn't in the park!"

"LIGHT OF LIBERTY" COMMEMORATIVE COINS

Available with Buckle or Pendant

Actual Size of Buckle 3-3/4" x 2-3/8"



24-K Gold Layered Buckle
with 24-K Gold on Bronze Medallion



Silver Finish Buckle
with .999 Pure Silver Medallion

THE AUTHENTIC "LIGHT OF LIBERTY"

You may now acquire, direct from the Phoenix Liberty Mint of Phoenix, Arizona, a first edition Commemorative Silver Medallion honoring the once-in-our-lifetime restoration and second Centennial of the "Statue of Liberty". This medallion is available in a silver finished buckle or pendant with chain.

PURE SILVER!

Each silver medallion specimen is mint-perfect and contains one full TROY ounce of Pure .999 Silver. It will be accompanied by a certificate of authenticity from the Phoenix Liberty Mint.

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Much rarer than any common U.S. coin now in circulation, the "Light of Liberty" Commemorative is uncirculated and absolutely mint perfect. Very few Americans will ever have the chance to own this permanent rarity.

ONCE IN EVERY 100 YEARS

Since the 4th of July Restoration is a unique event that has only occurred once in the past 200 years, the "Light of Liberty" issue has been commissioned and struck by the Phoenix Liberty Mint as a unique and historic commemorative medallion and has never been, nor intended to be, designated or circulated as currency.

PRICE GUARANTEED ONLY FOR 30-DAYS

The price of pure silver is subject to rise dramatically without notice (it was \$55.00 an ounce a short while ago) and therefore, we can only guarantee the price quoted in this announcement for the next 30-days. Orders received after this deadline are subject to refusal.

SPEED IS IMPORTANT

It is easy to get your Commemorative but, in order to avoid disappointment, we suggest you respond as fast as possible. Since this offering is limited, please respond promptly by using the phone number below or by mailing the coupon. Either way, your Commemorative will be sent immediately (within 48 hours) by return mail. Thank you.

ONE PER CUSTOMER

This is an extremely limited offer and there is a strict limit of only one (1) of each commemorative per address at this time. There are no exceptions. Also, since many collectors desire a low Certificate of Authenticity serial number, we suggest you order your Commemorative promptly.

EXTRA BONUS!

If we receive your order before midnight September 15, 1986 the Phoenix Liberty Mint has set aside a limited supply of white nylon caps and T-shirts printed with the "Light of Liberty" emblem. One free with each purchase.

HONOR YOUR HERITAGE HONOR THE LADY

Proudly wear your "Light of Liberty" Medallion! It comes to you mounted in a beautiful silver finish custom buckle or pendant with chain. For your style preference, 24-K gold finish buckles or pendants with a 24-K gold plated bronze medallion are available. (See no risk order coupon).

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- ☐ Pure .999 Silver Medallion on Silver finish Buckle—\$39.95 ea. _____
- ☐ 24-K Gold Plated Bronze Medallion on Gold finish Buckle—\$29.95 ea. _____
- ☐ 24-K Gold Plated Bronze Medallion—\$19.95 ea. _____
- ☐ 24-K Gold Plated Bronze Medallion in Gold finish Pendant—\$29.95 ea. _____
- ☐ Pure .999 Silver Medallion in Silver finish Pendant—\$39.95 ea. _____

I enclose \$_____ plus \$3.00 postage and handling for each Medallion ordered.

PLEASE CHECK METHOD OF PAYMENT

☐ Mastercard ☐ VISA ☐ American Express ☐ Check ☐ Money Order

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Print Name _____

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Make checks payable to Phoenix Liberty Mint. If in Arizona, add 6.5% sales tax.

Please send "Light of Liberty" ☐ Cap ☐ T-Shirt 1 FREE with each Medallion ordered on or before July 25, 1986

viva guayabera!

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TOTAL	\$

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11A	COLOR	HOW MANY?	WHAT SIZE?
A	WHITE		
B	BLUE		
C	TAN		
D	GREEN		

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GUARANTEE: If for any reason you are not absolutely delighted, return any time within 30 days for a full refund of every penny you paid us, no questions asked.

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